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JOE FANNING page 7



TRANSPLANT GAMES page 13

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Tuesday 3rd September 2019 5 Eglinton Road, Bray, Co. Wicklow Tel: 01 - 2869111 www.wicklowtimes.net E-mail: wicklowed@localtimes.ie

LUGGALA ESTATE LOST

Public access to the lands in the Luggala Estate is now in doubt following the news last week that the estate has been sold to an overseas investor at a significantly reduced rate from the €28 million asking price.

It's "very disappointing that the Government could not see the unique opportunity that purchasing Luggala would provide for the people of Ireland," said Pat Casey TD. "I am shocked and disappointed at the news of the sudden sale of the entire Luggala estate of over 5,000 acres. I have been working with local organizations such as the Wicklow Uplands Council to persuade the State to purchase these lands which are used by thousands of walkers every year and are so important to our national heritage. The secrecy

around the sale is also very worrying. We still do not know who the buyer is and what plans they have for the estate. It is vital that access to Luggala for the public be maintained and I will work to with the new owners to ensure this." Speaking to *Wicklow Times*, Cllr Shay Cullen said it's his wish that the access for hillwalkers is kept open. "People should be allowed to use it as they always have, as a leisure amenity and an attraction for tourists," he said. The State's failure to purchase Luggala Estate

is a "missed opportunity", Cllr Jennifer Whitmore said. "Luggala Estate is an iconic estate for our county and is strategically important for our recreation, tourism and film industry. The house and lands have been on the market for a couple of years now, since the passing of Gareth de Brun. There were repeated calls for the Minister of Culture, Josepha Madigan, to step in and purchase the site to ensure public access to the lands could continue. Many groups, such as 'Mountaineering Ireland'



Grace Wernik, Eve Stokes and Lenna Smith are pictured at the opening day celebration of Wicklow Educate Together Secondary School in Rathnew.

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and 'Keep Ireland Open' have called on the Minister for Culture to buy the land and incorporate it into the Wicklow National Park. In fact, the National Parks and Wildlife Service (NPWS) recommended that the State buy 4,000 acres of the property because of its "strategic importance" to the State lands and its tourism potential," said Cllr Whitmore. "In addition, many in the Irish film industry voiced their concerns to me over any potential sale. Luggala has been described as the 'Jewel in the Crown' of the film industry here and is the one site that all overseas film producers want to visit. A significant amount of filming on the site happens each year, and includes series such as the Vikings. Any

closure of this land could mean an end to the industry having access to those filming locations. "Last year, I had the support of my fellow Councillors on Wicklow County Council to write to the Minister and request that she purchase the site. In addition, a public petition by a concerned resident, Alec Dune, collected thousands of names. Unfortunately, those calls have fallen on deaf ears and it would appear that the site was bought at a much-reduced price by an overseas investor. As a result, Wicklow, and Ireland, have lost an opportunity to purchase this iconic and important piece of land and to visit. A significant amount of filming on the site happens each year, and includes series such as the Vikings. Any

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Hospice Together are calling on the people of Wicklow to host a coffee morning on Thursday 19th September to help raise vital funds for Wicklow Hospice Foundation. Pictured are Jason Doyle (Bewleys MD), Evanne Cahill, Wicklow Hospice Foundation, Valerie Cox, Maia Dunphy, and Sinead Tarmey, Wicklow Hospice Foundation. Celebrating twenty-seven years of coffee mornings, it is hoped that this year's events, held in homes and businesses across the country, will raise a much needed €2 million for Hospices across Ireland, to meet growing demands for the service.

What's Happening...

Conary Parish Church

The Harvest Thanksgiving Service will be in St. Bartholomew's Church, Conary on the 15th of September at 7.30pm. Music is by The Four Hims. All are very welcome.

PPN Training Fair

The Co Wicklow PPN Training Fair will be held on Saturday 21st September in The Brockagh Centre, Laragh. Morning workshops include Funding your Group, Getting the most out of social media, Charitable Status and the Governance Code, Running Effective Meetings, Mental Health and Wellbeing in the Community. Afternoon Workshops include GDPR, Good Governance (where to start), spotlight on PPN member group, Health and Safety for your Group, Attracting Volunteers. Booking is essential by phone 087 189 5145 or 086 048 7434 alternatively email countywicklowppn@gmail.com.

Shankill Classical Music

The first monthly meeting of the 2019-20 season will be on Wednesday 4th September. Classical music on CDs: all genres - orchestral, instrumental, vocal, opera etc in the Shankill Day Centre, Lower Rd, Shankill, 7.45-10.00 pm. 100 yds from the main street, car parking available, Visitors and new members always welcome. €2 euro on the night, tea and biscuits at the interval. Just come along, or see further details of the club on www.shankillclassical.org, or ring or text John on 087-2109175.

Kilbride cemetery

Restoration works at Kilbride Cemetery in Arklow is currently being carried out, however there is a delay to erecting signage with information about Viscount Ralph Howard, who is buried there in the pyramid tomb. Speaking to *Wicklow Times*, Jennifer M J Kavanagh explained that the delay is due to concerns about potential vandalism.

Bridge Lessons

A course of 10 lessons with a fully qualified CBAI registered bridge teacher starts this month in St. Patrick's Church Pastoral Centre, Wicklow Town. There is a choice of morning class 10am to 12pm or evening class 8pm to 10pm. For further details contact Bernie at 0861045848 or email broun-tre28@gmail.com.

Brockagh Resource Centre events

All of the regular classes are resuming in September. Elevation Dance and Elevation Drama return on Wednesday 11th and new Monday classes start on 16th September, Irish dancing is back on Saturday 14th while badminton classes for juniors and seniors recommence on Monday 16th and Thursday 19th September.

Yoga with Viva will also be returning in September. Almha Roche's art classes for children start back on Monday September 9th while her classes for adults, which have now moved to a Monday, resume on September 16th. Louise's Morn Yoga resumes on Thursday, September 5th, Viva evening Yoga on Tues Sept 10th and Pilates classes start up again on Monday September 2nd and Thursday September 5th.

On Tuesday September 17th both the Active Retired members and Happy Days Carer and Toddler Group will start up again. Taekwon-Do for all ages, the Monday Walking Group, AA meetings, Citizens Information clinics and computer training have all continued throughout the summer months. For more information, visit www.brockaghresourcecentre.ie/events or drop into the Centre for a timetable. Please confirm or book with the tutor of the class you are interested in joining. To subscribe to the monthly newsletter call 0404-45600 or email brockaghoffice@gmail.com.

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Final lineup confirmed for La Touche Legacy Seminar

The final line-up of speakers for the 6th Festival of History/31st La Touche Legacy Weekend has been confirmed. George Jones explained that following the sudden death of Noel Whelan, who was due to speak on the Friday afternoon on the '30s and DeValera', former government minister and advisor, the noted historian Dr Martin Mansergh has agreed to take the lecture in his place.

Dr Mansergh was the guest speaker at the 2017 seminar, and was very well received.

Speaking of that highly researched speech, Mr Jones said "I am sure that the Greystones audience will be equally enthralled by Dr Martin's contribution again this year."

Also confirmed as dinner guest speaker is H.E. Michael Collins, the recently retired Irish Ambassador to the Federal Republic of Germany. Prior to that appointment, Michael was Ambassador to America, following a period working in Dublin on the Good Friday Agreement. During his appointment

in Washington, he had dealt with the request for American visas by Martin McGuinness and Gerry Adams.

Mr Jones concluded: "Once more, the La Touche Legacy committee, in association with Greystones Archaeological & Historical Society, have put together a great line-up of speakers, tackling very interesting themes through these varied and challenging lectures."

The Seminar will be held on Friday/Saturday 13th & 14th September in Greystones Golf Club. Tickets are now on sale at €30 for lectures and €50 for all lectures and seminar dinner.

Co. Wicklow PPN Training Fair

The Co Wicklow PPN Training Fair will be held on Saturday 21st September in The Brockagh Centre, Laragh.

Morning workshops include Funding your Group, Getting the most out of social media, Charitable Status and the Governance Code, Running Effective Meetings, Mental Health and Wellbeing in the Community.

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Pictured: Daiti Moules visits Wicklow Lighthouse during Heritage Week

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Tel: 01-2869111

Contacts:

Shay Fitzmaurice, Managing Editor - shay@localtimes.ie

Ian Colgan, News Editor - ian@localtimes.ie

Erika Doyle, Features Editor - erika@localtimes.ie

General enquiries - info@localtimes.ie

Smartphones banned in Bray primary school

Bray primary school, St Cronan's, has banned the use of smartphones after a parents survey showed that 91.2% of parents were supportive of implementing such a ban.

Basic non-smart phones are allowed on the premises but must be switched off at all times. Parents received a text last week ahead of the school reopening stating that smart phones would not be allowed.

Wicklow Times spoke to a number of parents of children attending the school, all of whom were supportive of the ban. School Principal, Maeve Tierney, said the decision was made for a number of reasons.

"We have had to deal with issues of cyberbullying, we have had children accessing adult material, material with adult content. We have children engaging in very risky behaviour online as well. This is an issue. It's an issue for

schools and an issue for parents."

Speaking on Newstalk Breakfast, Ms Tierney said, "Certainly we can't control what they do at home, but the statement from us to say 'we don't believe there should be smartphones' is sending a message that this is an issue - an issue for parents and for schools right across the country."

Ms Tierney added that she feels national policy from Government is needed, stating, "There needs to be serious policy, from the highest level, on this."

This position was backed by Fianna Fail's spokesperson on health Deputy Stephen Donnelly who said, "The Government also needs to start taking its

responsibility in this area seriously. In December 2016 Fianna Fail backed the Parent and Student Charter Bill, a new law which would require every school to consult with parents and students on key issues like smartphone use.

"We're now almost three-quarters of the way through 2019 and the law still hasn't changed. The Education Minister needs to end the delay - he owes it to all our children"

Speaking about the St Cronan's decision Deputy Donnelly commented, "This is a brilliant decision. St Cronan's principal, Maeve Tierney is leading by example when it comes to protecting our children. And I'm

delighted to see that the ban is based entirely on the wishes of parents. A survey carried out by the school in June saw 91.2% of parents vote in favour of the ban.

"I would personally like to see every primary school in the country follow suit and keep smartphones off their grounds, but I understand that this can only be done with the consent of mothers and fathers.

"As parents we really need to educate ourselves about the dangers that our sons and daughters are facing online. They are put at risk not only by harmful content, but they're exposed to a world of potential cyberbullying too. The longer we can keep them out of that world the better."



Pictured is Caoimhe Tchangha at the recent 'Big Dig' in Baltinglass

Pete Taylor seeking damages from council

Boxing coach Pete Taylor is seeking damages from Wicklow County Council for being 'locked out' of Bray Boxing Gym, according to reports in the Irish Independent.

Mr Taylor, father of world boxing champion Katie Taylor, began High Court proceedings last month and is seeking injunctions and damages. The local authority took possession of the club after a shooting in June 2018, in which local man Bobby Messett was killed and Ian Britton and Mr Taylor were shot and injured.

The Independent reports that the Council is being sued by Taylor and his company Bray Boxing Club Ltd, who are seeking an injunction to allow him to re-enter the premises. They are also seeking injunctions to restrict the council from selling or leasing the buildings or items within the gym, which Mr Taylor says he owns. A number of individuals and organisations were rumoured to have shown interest in taking over the club after the shooting incident, including members of An Garda Siochana and Enniskerry Boxing Club. A court hearing has not yet been scheduled.

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Joy Kepple and Joan Woolmington at Castle Howard, Avoca, during National Heritage Week

‘Celebrating Diversity’: Newtownmountkennedy Educate Together National School Opens

There were mostly smiles on August 29th as Newtownmountkennedy’s Educate Together National School opened to its first cohort of Junior Infants.



Pictured: Nicola Hodgins Martin, Principal of Newtownmountkennedy ETNS

The school opened in its temporary accommodation opposite the Newtownmountkennedy Community Centre. Permanent accommodation is currently being sought by the Department of Education and Skills.

Educate Together was granted patronage of the school after an online survey run by the Department of Education and Skills in late 2018. Parents and carers in Newtownmountkennedy and Kilcoole were asked for their preferred choice

of patron and overwhelmingly voted in favour of an Educate Together school.

Said Nicola Hodgins Martin, Principal of Newtownmountkennedy ETNS and a local resident for over 19 years: “I am excited and honoured to play a part in leading the establishment of the first Educate Together primary school within the expanding and thriving communities of Kilcoole and Newtownmountkennedy. I look forward to celebrating the diversity and talents within the community at our new school. The aim of Newtownmountkennedy Educate Together is to ensure our families and pupils experience firsthand the positive impact of being part of a co-educational, child centred, equality based, democratically run school.”

2019 is a bumper year for Educate Together. In addition to Newtownmountkennedy ETNS, Educate Together will open a further seven primary schools in Cork, Dublin and Kildare as well as four secondary schools - Galway ETSS, Dublin North East ETSS, Wicklow ETSS and Drogheda ETSS. The organisation will also apply for a further six secondary schools to open in 2020 - one of which will serve the Greystones and Kilcoole areas.

Funding for electric vehicle charging points

Funding to support the rollout by local authorities of up to 1,000 on-street public charge points for electric vehicles over the next 5 years was announced last week by The Minister for Communications, Climate Action and Environment, Richard Bruton TD. This new scheme will support the widespread roll out of electric vehicles.

Speaking after the launch of the new scheme, Minister Simon Harris said “We are investing in this network to give people confidence to make the switch. Now is the time to make the change. This network, along with the investment ESB are making in new high speed chargers and the renewal of existing chargers, is building a strong network that vehicle owners can trust.

“There is significant growth in the number of electric vehicles taking to the road. This year alone there are 5,000 extra electric vehicles on the road bringing the total to over 12,500 (plug in hybrid and fully electric).

“Under the Climate Action Plan we will introduce the necessary actions to increase renewable electricity to 70% by 2030. By increasing the amount of electricity we get from renewable sources, we will further improve the positive impact such vehicles have on the environment. Increasing the number of electric vehicles, in particular where battery electric vehicles replace older diesel vehicles, will also have a very beneficial impact on air quality, as battery electric vehicles do not produce any fumes.

“Local Authorities, are ideally placed to identify the most suitable locations for installing these new charge points so I have

written again to Wicklow County Council to encourage them to quickly identify Greystones and other town’s lacking this service and put in the application. Increasing the number of on-street charge points will allow those who do not have a driveway access to a charge point. This will remove a key barrier to the uptake of electric vehicles.”

Welcoming the announcement, Social Democrats councillor Jennifer Whitmore said “Whilst the full details are yet to be provided by the Department, I am pleased to see that councils are finally being funded to provide this much needed infrastructure. Wicklow is a particularly ‘environmentally switched on’ county, and yet, many of our towns and districts, such as Greystones and West Wicklow, don’t currently have any public charging points. This was acting as a barrier to many people buying an electric car. I have repeatedly raised the absence of charge points with the Minister and have submitted a petition of 1000 signatures to him from people in the area that wanted to see charge points put in place.

“It is good to see the Minister finally recognising that there is a demand for this infrastructure and providing the much needed funding. I am hopeful that the addition of these charging points will make traveling around

our county much easier for EV drivers and will encourage more people to make the switch. I will work closely with the Council to ensure that Wicklow gets its fair share of charging points and that they are located in the most suitable locations across the county.”

John Brady TD also welcomed the announcement and said that the Government should provide 100 per cent funding to local authorities. He sharply criticised the decision to only provide capital supports of 75 per cent of the cost to local authorities to install the EV charging points.

Deputy Brady said “I cautiously welcome the announcement about the badly needed EV charging points. However I think the fact that the government are only planning on providing 75 per cent funding to local authorities shows that they aren’t serious when it comes to installing the infrastructure. New EV charging points are critically needed if we are to meet government set targets of having 936,000 EV’s on the States roads by 2030.”

“Local authorities like Wicklow County Council have been starved of funding by central government over the last few years and forcing them to provide 25 per cent funding to install EV charging points show that government are not fully committed to making the changes

that are needed. Government will also only provide a maximum grant of €5,000 per charging point. It’s estimated that installing the charging points could be multiples of the maximum grant available. So in reality the government are putting the onus on local authorities to carry the bulk of the cost for this plan, something that councils will struggle to achieve.

“CSO figures that show that Wicklow had the highest proportional increase in new electric cars licensed in the first half of 2019. 4.7% of all Electric cars sales were licenced in Wicklow. We have a long way to go to ensure the necessary infrastructure is in place as there isn’t one EV charging point in West Wicklow. In fact, anyone travelling along the N81 won’t find an EV charging point between the Square, Tallaght and Tullow, Co. Carlow. The same is the case in Greystones; there aren’t any charging points in the entire Greystones Municipal District.

“Whilst the news that the government plan on rolling out 1000 new on-street electric car charging points sounds good, it’s essentially spin when you look at the detail. The government need to invest in rolling out the infrastructure and not try passing the costs onto already cash strapped local authorities.”

Cyclist forced off the road and robbed in mountains

A cyclist was forced off the road by two men in a car and his bike was stolen in the Wicklow Uplands. The incident occurred on the evening of Saturday 24th August close to the Sally Gap.

John Brady TD has asked cyclists to take caution and be vigilant when cycling in the Wicklow mountains and said that Wicklow uplands can’t be allowed turn into a no-go area due to crime.

Deputy Brady said “I’m appalled at the horrific incident that took place close to the Sally Gap in the Wicklow Mountains on Saturday evening. A lone cyclist was forced off the road and into a ditch by two men in a car. The men then proceeded to steal the man’s bike.

“Thankfully the man wasn’t seriously injured in the incident and he reported it to the Gardaí. Unfortunately this isn’t the first attack on cyclists in the Dublin/Wicklow Mountains; there have been a number of other similar attacks in which cyclists were targeted for their bikes. We also have a serious problem with car break-ins at beauty spots in the Wicklow uplands. We can’t allow crime and horrific incidents like the one on Saturday evening turn the Wicklow Mountains into no-go areas. There is a need for additional Garda resources to be deployed in the Wicklow uplands to deter these types of crimes from happening and ensure that people can enjoy the beauty that Wicklow has. These criminals are targeting cyclists as some bikes can be very expensive and if anyone is offered a white and red Trek 1.7 bike with white saddle and handlebars for sale to report it to the Gardaí.”

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Pictured at the community tree planting event on Bray Head earlier this summer were Ezra Doyle-Matthews, Eve Starlight Doyle-Matthews, and Green Party councillor Steven Matthews

200 trees destroyed on Bray Head

Approximately 200 newly planted trees were uprooted and destroyed last weekend in what appears to have been a systematic attack of vandalism.

The trees were planted on the lower slope of Bray Head at a community planting event organised earlier this summer by Green Party Councillor Steven Matthews and Biodiversity Bray.

Councillor Matthews brought together members of Bray Tidy Towns, Biodiversity Bray, Bray Emmets and approximately 100 members of the community, mostly families with young children to plant the trees, which were funded by Wicklow County Council, Biodiversity Bray founder Keith Gordon and Nicky Fusco Foods.

This summer's planting session was the tenth annual event of its kind, with more planned for the future. Mr Gordon first made the discovery last Monday when he walked up to check on the trees and found around 200 of them completely uprooted and left to die.

He said, "These trees have been part of an ongoing initiative to create better biodiversity in our local area. This terrible act flies in the face of the altruism and

community spirit of the volunteers who spent many hours planting. As everyone is concerned about the Amazon fires at the moment, I find it incredible that someone who clearly knows this area well, would so strategically and brutally vandalise these trees.

"They were designed for the betterment of all plants, animals and humans in our community. Mark my words, we will not be deterred in our work by such selfish vandalism."

Mr Gordon has reported the incident to the Gardaí. Councillor Steven Matthews described the attack of vandalism as 'extremely disappointing and demoralising'. He added, "It's very upsetting to see this type of vandalism and I'm sure all the volunteers and especially the children who planted these trees feel the same way. This community tree planting was carried out by Bray Tidy Towns, Biodiversity Bray, and involved almost 100 residents including Bray Emmets under 9s and was supported by Bray Municipal District and

local businesses.

"We won't be deterred by this destruction; we will assess the damage and replant again. "In a time when we are experiencing unprecedented loss of biodiversity and a climate emergency, we need to plant more native trees all across Ireland so our community planting across Bray Head carried out over the past 10 years will continue."

As well as taking in harmful gases and releasing oxygen, trees create an ecosystem that provides habitat and food for birds and other animals. They can reduce the amount of storm water run-off, helping to reduce erosion and reduce the effects of flooding. Two mature trees can provide enough oxygen for a family of four for an entire year.



Laragh Tidy Towns area clean-up

The next clean-up evening will be on Tuesday 3rd September. A spokesperson told *Wicklow Times* "We meet outside Lynhams at 7pm. We would like to thank all those who gave up their time this summer to keep our village clean and maintained. Hopefully our score in the Tidy Towns competition will reflect our efforts."

The association is also developing a Mindfulness Walk in Ballard wood under the NeighbourWood scheme. The location is excellent; it is close to Laragh village and will have wheelchair access. Our community and its many visitors will be able to avail of this new facility once it is complete.

Meanwhile the judging in the garden competition is ongoing. Country Life, Ashford is sponsoring the prizes this year. Winners will be announced in the near future.

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LUGGALA ESTATE LOST

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Brian Dunne Coordinator for Wicklow Uplands Council told *Wicklow Times*: "Wicklow Uplands Council had lobbied for a State purchase of Luggala in order to see the estate added to the Wicklow Mountains National Park and to ensure continued access for recreational users as was enjoyed under the ownership of the late Garech De Brun. The Uplands Council looks forward to working constructively with the new owners on the discussion of future public access to the estate."

CEO of Mountaineering Ireland, Murrrough McDonagh, told *Wicklow Times* that they want to maintain the status quo and keep access open for hillwalkers. "We had a very good relationship with Garech de Brun and we hope that continues with the new owners," he said. In a statement, Mountaineering Ireland said they will be "seeking an early meeting with the new owners with a view to ensuring that hillwalkers and climbers continue to have access to the hills, mountains and crags at Luggala which have been open to responsible recreational users for many decades."

John Brady TD said he is "bitterly disappointed" by the news of the sale: "The government has allowed this once in a lifetime opportunity pass," he said. "Since the estate first came on the market, I have been calling on the government to purchase it. This 5,000-acre estate is adjacent to Wicklow National Park and has significant scientific and biodiversity value, as well as tourism potential. I have been engaging with the Minister for Culture, Heritage and the Gaeltacht, Josepha Madigan over the last 12 months and she has consistently told me that the State would only purchase the estate if the price fell into a certain range. It appears now that the Minister sat on her hands and allowed a private purchaser to buy the estate for considerably less than the asking price. This is a real missed opportunity to add to the fantastic Wicklow National Park as the Luggala Estate is bordered on three sides by the park. The National Parks and Wildlife Service also recommended that the State purchase the estate. There is now genuine fear regarding public access to the lands in the Luggala

Estate. Last year a number of signs were erected in the area warning people that the Luggala Estate lands were private property. Public access to the lands must be protected and the new owner must ensure that remains to be the case."

Labour's General Election Candidate, Jack O'Connor, has strongly criticised the Government for not actively pursuing the initiative to open up negotiations with a view to acquiring Luggala Estate. "The sale of the Luggala Estate to an overseas buyer will now result in a great loss to the people of Ireland and I do not believe that the Government seized the initiative to purchase the estate as a unique house and open space for walkers", he said. "This could well have resulted in a core element of an integrated tourism package for sustainable job creation in County Wicklow."

"In February 2017, the Minister of State for Tourism appealed to the Guinness family to donate its ancestral home of Luggala to the State. Speaking in the Dáil, Minister Michael Ring said the Government could not afford the asking price of €28 million but stated that his department could consider acquiring the property if the price fell within a certain range. We now know that Luggala was sold to an overseas buyer for well under the asking price of €28 million but it was probably more than a little naive of the Minister back in 2017 to believe that the Guinness family would simply hand over the property and lands to the State. We still don't know the facts as to what price the overseas buyer actually paid for Luggala but perhaps it might have been within or close to that 'certain range' that the Minister spoke of."

"I am now calling on the Government to immediately open negotiations with the new owners to ensure that hill walkers and climbers continue to have access to the lands in Luggala Estate for recreational purposes. These lands have been a very popular spot for locals and tourists alike for many decades. It is deeply regrettable that the Government seems to have let slip the opportunity to buy Luggala for the Irish People and the least they can do now is to ensure that the lands in the estate continue to be accessible and open for walkers", concluded Jack O'Connor.

Roundwood man Joe Fanning rides his 2,500th winner

Roundwood man, Joe Fanning, has become only the second jockey, together with Frankie Dettori, to ride 2,500 winners on the flat.

According to the Racing Post, Fanning now based in Yorkshire achieved the feat when he scored on Universal Gleam at Redcar last week.

"Fanning trails Dettori by almost 700 winners. But his 60th success at Redcar, by three-quarters of a length on Keith Dalgleish's 9-2 shot Universal Gleam in the Racing TV Straight Mile Series Handicap, brought up two notable milestones in one in his near 30-year career.

The 48-year-old jockey told Great British Racing: "It's a brilliant achievement, and I'm very pleased to have reached it. To win 2,500 times in



Joe Fanning

any sport is massive. I've been lucky enough to ride some great horses over the years."

Fanning has ridden more than half of his total winners for Mark Johnston, and his only Group One success came on the record-breaking trainer's The Last Lion in the Middle Park Stakes at

Newmarket three years ago.

Fanning added: "There have been some great wins over the years. The Last Lion win has to be up there. But I have been lucky enough to enjoy many good days, particularly with Mark Johnston - he has been great for me, and I thank him and all the trainers that have supported me."

Fanning may not have set the racing world on fire by winning numerous jockey championships or riding several Group One winners, but he has made his mark as a solid and reliable flat jockey. His partnership with Mark Johnston has been one built out of friendship and loyalty, with hundreds of winners coming from it, that will be remembered for years to come.

Fanning came to England to work for Squeak Fairhurst in Middleham and his first winner was in a four-runner hurdle at Sedgfield. However, he lasted only three months over jumps because he broke two vertebrae in his neck in a fall at Newcastle.

He says that on reflection, 'I was too light and shouldn't really have been riding over hurdles.

Then I started out on the Flat for Squeak and lost my claim in two seasons. After that I realised how tough it was riding without a claim and had a couple of quiet years, though I did manage to win the 1993 Northumberland Plate on Highflying for George Moore. I thought it might help if I applied for a riding-out job at Mark Johnston's with no promise of any race rides. Things gradually took off from there when the winners started to come."

Growing up in Roundwood Joe Fanning spent a lot of his childhood attending summer evening race meets with his father at Leopardstown and that is where he developed a passion for the sport. Growing up around ponies helped keep that passion alive and Fanning went on to enrol at the Irish Racing Academy, from where he graduated in 1986. He spent time riding under the tutelage of The Curragh's Mick Connelly, where he developed his own riding style and learned the techniques that would lead to him becoming one of the most consistent flat jockeys in the sport.



Ryan O'Toole, Jamie Roche, Jake Mitchell and Calum Murphy are pictured at the opening day celebration of Wicklow Educate Together Secondary School.

Irish Water to carry out essential upgrades to sewer network in Bray

Irish Water are to continue essential upgrade works this week to the sewer network in Bray. Following the completion of works on Old Connaught Avenue, phase two of the works will commence on the Dublin Road.

These works are part of the provision of essential wastewater infrastructure serving the area, and involve the construction of approximately 167m of concrete sewer mains. GMC Utilities Limited is working on behalf of Irish Water to deliver this project.

When complete, the project will benefit businesses and residents in the area by rectifying blockages and structural defects in the sewer network, and providing upgraded wastewater infrastructure. The works are expected to take eight weeks to complete.

Irish Water said "These essential works are required to rectify structural defects in the sewer network the Dublin Road. In order to minimise traffic and disruption to businesses, works will take place during the evening and overnight, from 8pm to 6am. Each morning work crews will demobilise and access to properties will be unaffected.

"Irish Water would like to thank the local community for their patience during these works, and apologise for any inconvenience the works will cause. This scheme, when complete, will provide essential wastewater infrastructure and improve the wastewater networks for businesses and residents in the area."

Contact made by €11.2m jackpot winner

The National Lottery confirmed last week that the winning ticket holder of the massive €11,255,280 Lotto Jackpot ticket sold in Enniskerry, has made contact.

The winning Quick Pick ticket was sold at the Spar Service Station in Enniskerry.

This was 6th Lotto jackpot win this year with jackpot prizes alone totalling over €40.7 million.

A National Lottery spokesperson said: "We can confirm that we have been contacted this morning by the lucky ticketholder and arrangements are currently being made for the claim to be made when the winner is ready to collect their prize."



COMHAIRLE CHONTAE CHILL MHANTÁIN
WICKLOW COUNTY COUNCIL

SEASONAL REMINDER TO LANDOWNERS HEDGECUTTING SEASON

In the interests of road safety, landowners are reminded to ensure that trees, hedges or other vegetation are maintained in such condition that they are not a hazard to road users and that they do not interfere with the maintenance of the public road or footpath.

In particular branches which jut out onto the road (including the footpath) should be cut back. Dead and unsafe trees should be removed and hedges should be cut and trimmed. It is recommended that professional advice on the condition of roadside trees should be obtained from time to time. When landowners are maintaining hedges or trees all reasonable care should be taken to ensure the safety of road users while this work is being carried out.

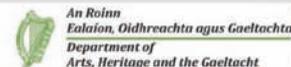
All necessary work should be carried out between 1st September, 2019 and 29th February 2020, in order to comply with the Wildlife Acts.

Maintenance of roadside vegetation by landowners is a requirement of the Roads Act and Wicklow County Council will be taking a proactive approach in enforcing this legislation.

Important Note:

Those engaged in road-side hedge-cutting may be guilty of an offence if they allow or cause the dispersal or spread of Japanese knotweed in the course of their work. In order to avoid potential liability you should:

- **Avoid it!** Japanese knotweed plants and an area of seven meters offset from visible infestations should not be disturbed in any way. Do not cut or trim Japanese knotweed! Cutting or trimming can generate thousands of small fragments, each of which can regenerate into a new plant.
- **Report it!** The location and extent of the infestation should be reported to the relevant Area Engineer of your local authority.



Transportation, Water & Emergency Services,
Wicklow County Council,
County Buildings,
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This Autumn embark on a journey of discovery with Colin Stafford-Johnson along the western seaboard of Ireland as he presents *My Wild Atlantic Journey* at the Mermaid Arts Centre on Saturday 7th September at 8pm. Tickets cost €18/16 and are available from Box Office on 01-2724030 and online at www.mermaidartscentre.ie. Colin could be considered the Irish David Attenborough, given his encyclopaedic knowledge of wildlife and nature.

SF to host conference on housing

On Thursday September 5th at 7.30pm in the Royal Hotel, Wicklow Sinn Féin will host Eoin O'Broin TD to present his book 'Home: Why Public Housing is The Answer'.

Sinn Féin's Housing spokesperson O'Broin launched his book earlier this summer to commendation by many in the NGO sector. Speaking about the event, John Brady TD said "Unfortunately due to current Government policy the housing and homeless crisis continues to spiral out of control across the State and here in Wicklow.

"Sinn Féin has brought forward solutions that would help solve the crisis and tackle rents and ensure that we have affordable housing. I'm delighted that our spokesperson for Housing Eoin O'Broin will be in Wicklow to outline these solutions. I hope that people will come along on the evening and tell their story and be part of the solution."

Cllr Dermot 'Daisy' O'Brien considers the housing and homelessness issue to be at the core of how Ireland takes responsibility for the well being of its people: "To consider housing as something only relevant to markets, money and commodities rather than central government, local government and sustainable communities is to wash our hands of responsibility for the situation we are in today. We must explore and pursue viable solutions, we must 'raise the roof' until those proposals sit on the appropriate tables for consideration."

Cllr Grace McManus said "I'd urge young people to come along. The housing crisis is young homeless people, it's young people paying extortionate rents, it's young people stuck in overcrowded family homes. It affects us all. But there are alternatives, which we will explore on the night."

Wicklow SPCA takes on rescued dogs from Meath

Wicklow SPCA has taken on two dogs recently rescued from a property in Co. Meath, as the organisation's three animal centres are at full capacity.

Thirteen adult pointer dogs and six puppies were surrendered into the care of the ISPCA and all of the dogs were mostly in good health, many were nervous and breeding out of control. Two of the female dogs were also heavily pregnant.

The ISPCA stated that "The dogs were transported to the National Animal Centre for care and rehabilitation and our affiliated Member Wicklow SPCA offered to help with kennel space by taking two of the dogs as our three animal Centres are now full to capacity."

ISPCA Inspector

Elaine Reynolds said: "What began three years ago when two stray dogs arrived at a property quickly escalated into a situation that got out of control due to the lack of neutering or spaying. The dogs continued to breed and the owner was unable to cope with nineteen animals and more puppies on the way so, when the ISPCA got involved, we stepped in to prevent the dogs and puppies suffering."

A veterinary assessment confirmed that five of the adult male dogs had eye issues requiring corrective surgery and are

currently recovering. Many of the dogs were nervous, unsocialised and had no lead training but are slowly adjusting with the help of a dog behaviourist.

Elaine added: "It is absolutely crucial that pet owners' play their part by spaying or neutering their pets and this will go a long way in preventing unwanted litters of puppies from being born in the first place. The dogs are really sweet natured and it is great to see them coming on so well and they will make great additions to the families who adopt them".

Anyone offering a new home for these dogs or puppies should contact the ISPCA National Animal Centre by completing the online rehoming form at www.ispca.ie/rehoming/dogs_rehoming/ or drop in for a visit to meet the dogs in our care.

All ISPCA rescued dogs will spayed or neutered and puppies will be when they are old enough.

The Centre is open to visitors Wednesdays to Sundays from 11:30am to 4pm located between Lanesborough and Ballymahon, Co. Longford. For more information, email info@ispca.ie or call (043) 33 25035 (0).

Wicklow RNLI volunteers learn vital skills

Two trainee lifeboat volunteer crew members at Wicklow RNLI lifeboat station have had a vital part of their crew training funded by Lloyd's Register Foundation.

Amy O'Neill and Ian Heffernan, both from Wicklow, recently travelled to the RNLI College in Poole, Dorset, to complete the charity's Crew Emergency Procedures course.

Ian was inspired to join up as a volunteer crew member for the charity as his family have a long tradition with the emergency services, his dad Brian now retired, was a lifeboat volunteer for many years. Amy has followed in her father's footsteps also and now volunteers alongside her dad Joe on the crew.

The course sees volunteer crew being trained in a variety of crucial subjects such as how to deal with fires aboard lifeboats, how to 'abandon ship' in the event of an emergency

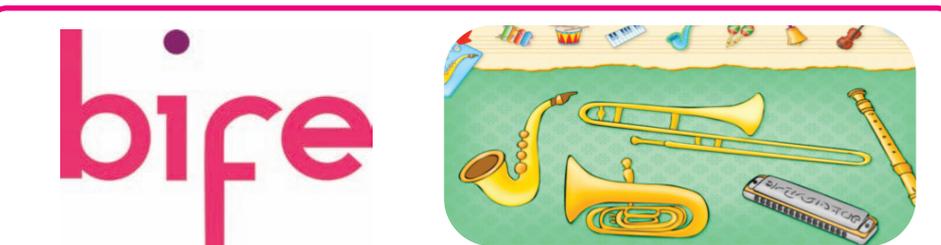
(with a 4m jump into water), team survival swimming, coping in a life-raft in simulated darkness, how to right a capsized inshore lifeboat, and the importance of lifejackets. It also includes sessions on the correct use of flares, fire extinguishers and throw bags.

Talking about the training, Ian said he enjoyed the course and the highlight was the capsized training. For Amy the 'abandon ship' scenario stood out and she described the four metre jump into the water as memorable.

Amy and Ian's training took place in the Sea Survival Centre at the RNLI College, where they were joined by other RNLI volunteer crew members from around the UK and Ireland.

The training was funded by Lloyd's Register Foundation, a charitable foundation that helps to protect life and property by supporting engineering-related education, public engagement and the application of research. The Foundation has committed to funding the RNLI's Crew Emergency Procedures course for a second 5-year period until December 2020. This additional funding of €1,208,400 brings their total support for RNLI crew training to just over €2,804,400 since 2008. More than 3,000 RNLI volunteer crew members have now received the training thanks to Lloyd's Register Foundation's funding.

James Kilburn, Lifesaving Delivery Training Manager at the RNLI said, "We are so grateful to Lloyd's Register Foundation for funding this vital part of our volunteer crews' training. Their support is very important to us and it's fantastic how, so far, over 3,000 of our crew members have benefited from Lloyd's Register Foundation funding this part of their training. As only one in ten of our volunteer crew members comes from a professional maritime background, the Crew Emergency Procedures course is crucial in giving our volunteers the training they need and helping keep them as safe as possible while carrying out rescues. It gives volunteers the confidence to save lives even in the most challenging conditions."



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Amy O'Neill and Ian Heffernan (Photo courtesy of RNLI)

€100,000 funding for two Wicklow townlands

Two townlands in County Wicklow are to benefit from funding of €100,000 under the CLAR (Ceantair Laga Ard-Riachtanais) scheme.

CLAR is a targeted investment programme which provides funding for small scale infrastructural projects in rural areas which have suffered the greatest levels of population decline.

There are seven qualifying townlands in the county and two of these are to receive funding of €50,000 each.

In Knockananna an allocation of 50,000 has been made to facilitate the upgrading of footpaths in the vicinity of Scoil Naomh Brid which will make the area safer for the school's 80 pupils. In Rathcoyle a similar allocation of €50,000 will facilitate the provision of a MUGA (Multi-use games area) adjacent to the national school and its 57 pupils.

Cathaoirleach of Wicklow County Council, Cllr Irene Winters, together with Chief Executive, Mr Frank Curran, welcomed the announcement of the CLAR funding for 2019. They stated that the active engagement and participation of the Council, in conjunction with rural communities, has been and will continue to be critical to the success of initiatives like CLAR which support the social and economic development of rural areas in a sustainable way.

Minister Simon Harris said: "I visited Knockananna and the surrounding communities with Minister Ring recent-

ly to highlight the excellent work being done through his Department's funding. CLAR funding is extremely important for our County and in recent years we are really starting to see the benefit of the Department of Rural and Community investment in rural Ireland."

"This funding will significantly benefit local communities as both will help people to get out and about more. As Minister for Health and Wicklow TD, I am determined to ensure we develop the best possible amenities and facilities across the county."

Minister Andrew Doyle said "The CLAR programme is a great scheme to help make our communities better places to live, work and raise families. Schools and community groups in Wicklow work alongside the County Council to put forward these initiatives and the CLAR funding is then crucial to getting the projects over the line."

"In July 2019, this Government announced CLAR funding of over €1.4 million in respect of 50 projects for First Response Support and Mobility and Cancer Care Transport. This funding announced today of over €3.8 million will benefit 104 communities in CLAR areas. This is all being made possible through the Government's investment under Project Ireland 2040.

"The CLAR programme which was originally launched in 2001 closed for applications on 2009 and was reopened in October 2016. Since reintroduced in 2016, it has provided funding to over 1,300 projects throughout the country under various measures. The value of

this support for disadvantaged rural communities and its impact in terms of rural regeneration is clear to see and I would urge all schools and community groups to familiarise themselves with this scheme. Details can be found at www.gov.ie/drcd."



Pictured: Michaela and Daniel Murphy visit Wicklow Lighthouse during National Heritage Week

bife

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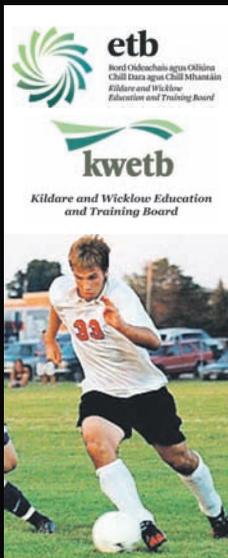
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Remi Harris 8.30pm

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MARIANNE & LEONARD WORDS OF LOVE

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Pictured at the launch of the new season programme for the Whale Theatre is Nikki Barrie and Ross McParland. "It's a mammoth season with over 50 shows and events. Everyone from age 4 to 104 is set for a treat" says Ross.

The Mule showing at Courthouse

Directed by Clint Eastwood, *The Mule* is based on a true story of a WW2 veteran who became a drug courier for the Sinaloa Cartel in his 80s. Clint Eastwood stars as Earl Stone, a man in his 80s who is broke, alone, and facing foreclosure of his business.

He is offered a job that simply requires him to drive, but, unbeknownst to Earl, he's just signed on as a drug courier for a Mexican cartel.

He does well, so well, in fact, that his cargo increases exponentially, and Earl is assigned a handler. But he isn't the only one keeping tabs on Earl; the mysterious new drug mule has also hit the radar of hard-charging DEA agent Colin Bates. And even as his money problems become a thing of the past, Earl's past mistakes start to weigh heavily on him, and it's uncertain if he'll have time to right those wrongs before law enforcement, or the cartel's enforcers, catch up to him.

See it at The Courthouse Arts Centre in Tinahely on Friday 13th September, 8pm. €6/€5.

Down Wicklow Way, a Cine-Concert

IFI presents *Local Films for Local People: Down Wicklow Way, a Cine-Concert* in Mermaid on Saturday 14th September at 8pm.

This programme of Wicklow films from the IFI Irish Film Archive includes *The Legend of the Lough* (1937); *Rush Hour* (1949) a scout-filled caper filmed in Bray; and Wicklow stories from Gael Linn's newsreels (1956-64).

The programme highlight is *Some Say Chance* (1934), an enigmatic drama set in a girls boarding school in Wicklow. Directed by Wicklow resident Michael Farrell and presenting Maureen O'Hara in her screen debut, this recently unearthed silent treasure will be accompanied by another Wicklow resident, leading improvisational pianist, Paul G. Smyth. Tickets cost €12/10 and are available from Box Office on 01-2724030 and our website www.mermaidartscentre.ie



Local Films for Local People: *Down Wicklow Way, a Cine-Concert*, comes to The Mermaid this month.

Wicklow man on shortlist for RTE Radio 1 short story competition

Wicklow's Edward Melvin has made the shortlist of 10 authors, selected from over 2,000 entries, for the RTÉ Radio 1 Short Story Competition in honour of Francis MacManus 2019.

Among the ten shortlisted are a film maker, another with a background in theatre now working in kids TV and animation and an agency creative.

The RTÉ Radio 1 Short Story Competition, one of Ireland's longest established and most significant literary prizes, has been championing new talent for decades. The winners and shortlisted entrants will have their stories produced for radio broadcast, voiced by some of Ireland's most talented and leading actors of the stage and screen, including Emmet Kirwan, Janet Moran, Ruth McGill, Andrew Bennett and Eamon Morrissey.

Edward Melvin wrote

actively in college two decades back and has been writing sporadically since then. He now writes when he can, outside of his day job in Dublin. This is his first published story. He lives in Co. Wicklow.

About his short story, *Out the Pontoon Road*, Edward says the exploits of local hero Micheál play out against the backdrop of a summer town regatta. A young visitor begins to understand how people's true nature can be gradually revealed.

Out the Pontoon Road will be read on air by well known actor Emmet Kirwan.

Judging the entries for 2019 are award-winning author and previously

shortlisted entrant Liz Nugent; Sinéad Crowley, author and RTÉ's Arts and Media correspondent; and Declan Meade of The Stinging Fly.

Liz Nugent has been getting stuck in to the shortlist and so far has had this to say, 'Hearing our best loved actors bring these short stories to life adds another dimension to the stories we have chosen. The characters spring to life and we are listening, child-like, hanging on every word as the stories' pace and momentum builds. It is quite a particular privilege. The importance of this being a competition for radio cannot be underestimated and I suspect that the shortlisted entrants paid particular attention to how their words might be articulated. We look forward to sharing these stories with you in the near future.'

The author of the overall winning story will receive €3,000. Prizes of €2,000 and €1,000 are awarded to the authors of the second and third winning stories respectively. Winners will be announced at an event held in RTÉ on Tuesday September 10th.

The winning three stories will be broadcast on the Book on One on RTÉ Radio 1 (weeknights 11.20pm) from September 16th, with the seven shortlisted entries following over two weeks.



The Way We Art

'The Away We Art', an exhibition by Bray Artists Circle, will run in the Signal Arts Centre in Bray from 25th November to 8th December.

Bray Artists' Circle has been providing opportunities for local artists to develop their artistic talent since 2003. The members range from artists who have been painting for many years, to others who have taken it up more recently as a hobby.

A cross-section of styles and media preferences from oils to watercolour, acrylics to pastels is displayed within the group. While there is no formal teaching, more experienced artists are willing to give advice as members work on their own subject preferences in a relaxed atmosphere.

Workshops led by professional artists are organised annually. Trips to art galleries such as the National Gallery have also been organised for members. Some members have also travelled to France, Spain and Italy for painting workshops.

The group meet throughout the year on Monday evenings for two hours in St. Cronan's B.N.S., Bray. At present there are approximately 25 members many of which have successfully sold their work in a variety of exhibitions.

Pasolini's Salò Redubbed by Dylan Tighe - In Development

In advance of its premiere at the Abbey Theatre, director Dylan Tighe and his collaborators informally present material from rehearsals-in-residence at Mermaid on Friday 13th September at 8pm.

Pasolini's *Salò Redubbed* is a live redubbing of Pasolini's controversial 1975 film 'Salò, or the 120 Days of Sodom', daringly transposed to Ireland. Please note this piece contains graphic scenes of a violent and sexual nature.

A Dylan Tighe and Abbey Theatre co-production. Funded through an Arts Council Project Award. Development funded by Trinity Creative Challenge 2018. Supported by the Italian Cultural Institute and Mermaid Arts Centre. Publicity image courtesy of Park Circus/MGM Studios. Tickets cost €5 and are available from Box Office on 01-2724030 and our website www.mermaidartscentre.ie



Team up with Fergal Ogs GAA and RehabCare Bray for first ever Wheelchair Hurling Blitz

Fergal Ogs Gaelic Games has teamed up with Rehab Care Bray to hold the first-ever able-bodied/wheelchair Hurling Blitz, featuring local firefighters and gardaí, GAA players and people who use RehabCare's services.

It will take place on 7th September (10am-12pm), at Fergal Ogs GAA pitches, beside St Killian's School, Bray.

RehabCare service user Cian O'Neill came up with the idea for this innovative, inclusive event to be held on Saturday 7 September at Fergal Ogs GAA pitches,

and he is inviting teams to register.

Cian is Youth Ambassador for Fergal Ogs GAA and, as a wheelchair user, he has always wanted the opportunity play the sport of hurling against able-bodied people.

Cian's vision is for all GAA clubs to eventually

be open to this idea, making Gaelic Games a fully inclusive sport.

Cian said: "Hurling is my life, my passion and it is my dream to be a valued hurler in the GAA community, the same as everyone else. Obviously there are limitations as to what I can do as a hurler, but sports should be and need to be adaptable and flexible so that they can be enjoyed by all."

"I hope that all clubs embrace this concept and follow in the steps of Fergal Ogs, so that children growing up no longer get separated for sports. Us wheelchair users should be allowed to play mainstream sports."

Cian is asking for two players from each of the able-bodied teams to step into a wheelchair for their match. This will not only raise awareness, but will prove his dream is possible; that able-bodied people and wheelchair users can be a team.

Aoife O'Sullivan, Community Support Worker with RehabCare

Bray, said: "All at RehabCare Bray are very pleased to have collaborated with Fergal Ogs GAA Club in what we hope will prove to be a fun, active and competitive partnership."

"Opportunities such as these play a huge part in connecting us with other organisations and public services doing great things for the Bray community."

Angelique Lowe, Fergal Ogs GAA Secretary said: "When you hear the word disability, people automatically think of things people can't do, we at Fergal Ogs don't see that. Our aim is to stop segregation of these two factors, promoting integration and equality and our club as a place where we can all find joy together as one team."

All are welcome to take part in the event, please contact Aoife O'Sullivan on 087 253 6087 for more details and to register. There is a 1 fee for spectators and 10 fee for players.



Pictured are Wicklow athletes who participated in World Transplant Games 2019 at their Dublin airport homecoming; Philip Kavanagh, liver transplant recipient from Arklow and Garry Campbell, kidney transplant recipient from Greystones.

Wicklow men return home from World Transplant Games

Philip Kavanagh, a liver transplant recipient from Arklow and Garry Campbell, a kidney transplant recipient from Greystones, returned home to Dublin airport at the weekend after taking part in the World Transplant Games. Garry won a Gold medal in Golf for his Golf Singles Gross Score. Philip was also part of the golf team of 12 golfers but didn't make it onto the medals podium.

In total, 38 members made up Transplant Team Ireland, and they brought back a haul of 50 medals. The Games took place in Newcastle, UK.

The team's final medals tally was 17 Gold, 18 Silver and 15 Bronze which earned them a very respectable 11th place position on the leader board amongst 56 countries some with larger teams and the host country GB&NI having 320 participants.

Competing for Transplant Team Ireland were 29 men and 9 women ranging in age from 16 to 81. They have all received transplants including 1 heart, 1 lung, 1 bone marrow, 4 liver and 31 kidney. Team Doctor Ayanfe Obilana who works at Cavan General Hospital looked after the team's care at the Games and the Team Manager is Colin White.

Team Manager Colin White concluded the week saying, "it's been absolutely fantastic week. The team spirit has been overwhelming. The buzz, comradely, friendship, the sense that we are all in this together, every medal is a medal for the team. It's wonderful to see people getting their just rewards, the team has put in a lot of work this year and it's paying off. What has been really positive for the team, was competing successfully in the team events like pairs in Golf, pairs in Tennis and triples teams in Darts."

"We are not a bunch of individuals we are unified! Every single person brings something to the team such as their mere presence at a venue, smiling face and active encouragement. Wandering around as Team Manager, I hear from other teams and officials about what an amazing spirit our team has. I am so proud to say I am part of the Irish team."



Michael Tiron in hurling gear for Wheelchair Blitz Bray

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WARMER HOMES



Daylight hours are getting shorter and there is a definite dip in temperature, so now is the time to start preparing for the cold winter that lies ahead and to think about how best to keep your home warm and cosy throughout the autumn and winter.

There is nothing more comfortable than relaxing in a nice warm house while the cold and rainy weather rages outside, so make sure you stay warm. Many of us are dependent on oil, gas or solid fuel to heat our homes during the winter months and while prices will inevitably rise and fall, there is still good value for money to be had by

shopping around.

Getting the expense of a fill of oil, gas or a delivery of solid fuel out of the way now will ensure you are in a much better financial position come the end of the year, not to mention the reassurance it brings that you and your family won't be experiencing a truly cold night.

Often people worry unnecessarily about the cost of heating. However, it needn't cost an arm and a leg if some preparation is carried out beforehand.

Firstly, get your boiler serviced. An efficient burning boiler will save you a lot of money over the winter months. Next make sure that draughts are eliminated. Often we waste more heat than we enjoy.

Finally, set your thermostat to a pleasant background level, the radiators need not be hopping off the wall. Also set your timer so that you enjoy the benefits of a warm house.

You should be able (continued page 16)



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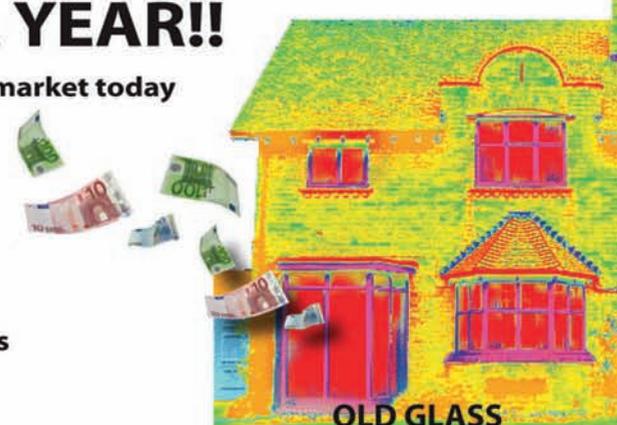
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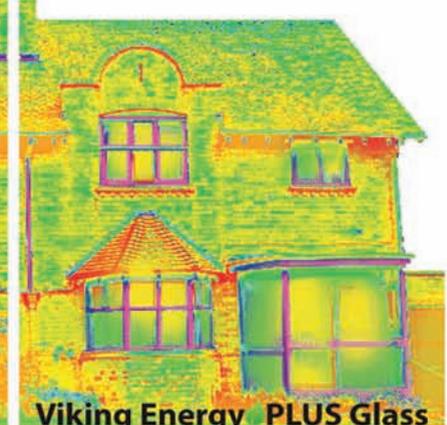
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WARMER HOMES

(continued from page 14)

to rise in the morning to a chill-free bathroom and kitchen.

Insulating your home is one of the most important things you can do to keep down heating costs and there are also government grants to assist you in all aspects of making your home warmer and more valuable.

When insulating your home one of the most critical areas is the attic through which a lot of heat can be lost.

Having your attic properly insulat-

ed can save you up to 20% on your home heating bill. If your current attic insulation is less than 200mm, then you should think about adding more layers and there are a variety of options; a number of different kinds of wool, as well as foil and foam.

Your walls are another key area where insulation could prove extremely beneficial. Again, there are several different approaches to insulate your walls, whether it be dry lining, a cellulose fibre, inserting polystyrene beads into the cavity or

even the increasingly popular method of external insulation with different kinds of finishes to choose from.

A huge amount of heat can be lost through the windows of your home, which also means that there is great potential for massive energy savings. Double-glazed windows are the best way to go.

There are also choices available in this area, whether it be uPVC windows or Sash windows, which can offer security as well as energy efficiency.

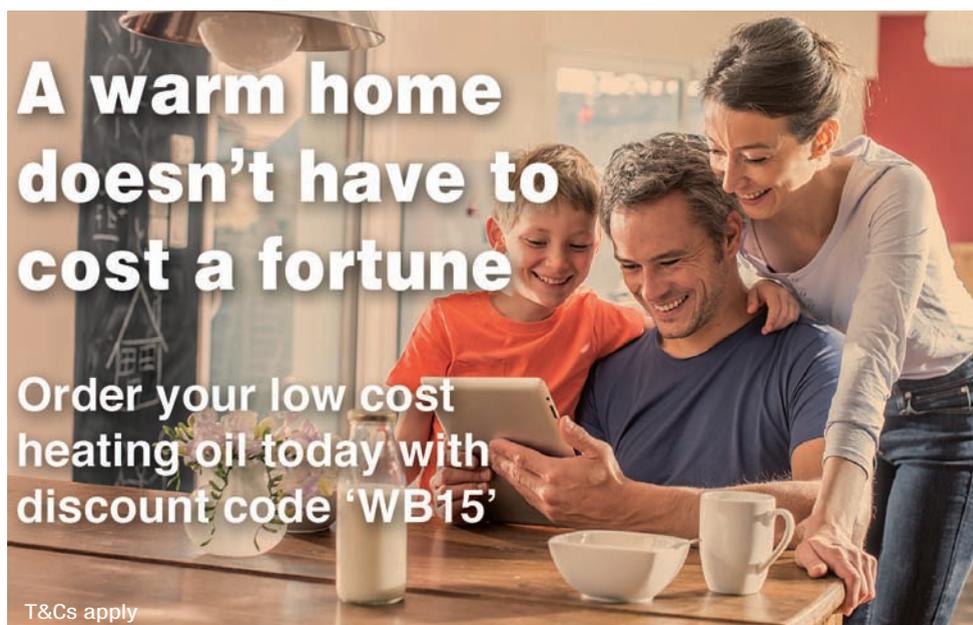


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Heal from Within



There are periods in all our lives when we experience emotional stress, anguish or depression, whether it's over a job loss, a marital breakdown, illness, addiction, or other personal difficulties. Looking after our mental health is just as important as looking after our physical health.

There has unfortunately been a stigma surrounding mental health issues, but more and more people are now taking the brave step to admit they need help and support. People are now becoming more aware of the

importance of mental health and understand the wide-ranging impact it can have not only on your own life but those around you.

On this page are a range of professional and confidential counsellors, therapists and support services which can help you take on any issue and overcome it. So why not contact them today, address your issues or problems head on and restore balance and harmony to your life.

When it comes to alleviating stress and feeling good about ourselves, it's not just about the counselling or treatments we receive; what we ingest can also play a part.

HealWell Clinic

Maria Fitzgerald has been practicing as a Homeopath and treating people of all ages since 2000 in her Bray Clinic. She is passionate about Homeopathy and Nutrition and aims to empower people to take care of their health in a natural and non toxic way.

She works a lot with digestive issues, hormonal balancing, skin problems, anxiety and panic attacks. She also does Food Intolerance Testing which her clients find very helpful with a wide range of conditions.

If you have a specific condition and would like to know if Homeopathy or Food Sensitivity Testing can help, Maria would be happy to discuss this over the phone.. Call 01-2018990 or 086-7226626.

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Chinese doctor resumes Tai Chi classes in Bray

Bray woman and Chinese doctor, Beijeng Liu, has recommenced her T'ai Chi classes in Bray and Dun Laoghaire.

Dr Liu has had much media attention over the past few years, and is regularly featured on national television and radio as well as most national newspapers, especially in the health supplements. In particular her success in treating infertility has gained much attention. However, while this aspect of her practice has been highlighted, she is quick to point out that she is a general practitioner treating all ailments, with herbs and acupuncture. She is also an expert exponent and teacher of T'ai Chi.

Dr. Beijeng Liu graduated from Beijing Medical University with a Bachelors degree in Medicine from Beijing University. She was teaching whilst working as a doctor, and at the same time doing research and her papers have been published in national and international medical magazines. Dr. Beizheng came to Dublin in February 1998 and has built up two Chinese Medicine Clinics, and treated more than 6000 patients.

Since the first widespread promotion of t'ai chi's health benefits in the early 20th century, it has developed a worldwide following among people with little or no interest in martial training, for its benefit to health and health maintenance. Medical studies of t'ai chi support

its effectiveness as an alternative exercise and a form of martial arts therapy.

The benefit of practicing Tai Chi include Physical fitness, the same as many sports, Tai Chi is a physical exercise. Balance - This is a part of physical fitness. When people get older, their balance weakens. The only way to improve it is to use as little support as possible. Many movements in Tai Chi are more or less standing on one leg. Coordination - This is also a part of physical fitness. It is very much like dancing but slower. You need your body and arms and legs to coordinate. Mental fitness - Relaxation, Confidence, Happiness Generally speaking, when you are physically tired, you'll be mentally relaxed; Confidence is from Yang energy and also from the balance of Yin and Yang energy. Memory - Tai Chi is very much like slow motion dancing. First you must remember the sequence, and then do the proper movements. The brain needs to be used, the more you use, the more you regain.

It is purported that focusing the mind solely on the movements of the form helps to bring about a state of mental calm and clarity. Some other forms of martial arts require students to wear a uniform during practice. In general, t'ai chi schools do not

require a uniform, but both traditional and modern teachers often advocate loose, comfortable clothing and flat-soled shoes. The physical techniques of t'ai chi ch'uan are described in the "T'ai chi classics", a set of writings by traditional masters, as being characterized by the use of leverage through the joints based on coordination and relaxation, rather than muscular tension, in order to neutralize, yield, or initiate attacks. The slow, repetitive work involved in the process of learning how that leverage is generated gently and measurably increases, opens the internal circulation; - breath, body heat, blood, lymph, peristalsis, etc.

The study of t'ai chi involves three aspects: Health: T'ai chi health training concentrates on relieving the physical effects of stress on the body and mind.

Meditation: The focus and calmness cultivated by the meditative aspect of t'ai chi is seen as necessary in maintaining optimum health in the sense of relieving stress.

Tai Chi classes will be held on Mondays 6:30-8:00, at the Community Centre, Boghall Road, Bray and on Thursdays 7:00-8:30 at 47 Upper Georges Street, Dun Laoghaire. Dr Liu can be contacted at 087 6798707



Roundwood Cancer Support

Roundwood Cancer Support is a community and voluntary-based service operating out of the Parish Centre in Roundwood village, and serving people from Roundwood and the surrounding areas.

They offer emotional and practical support to those whose lives have been affected by cancer, as well as a quality and confidential service, free of charge to all.

They provide: Free transport to and from hospital appointments at all hospitals in Dublin; a free and comprehensive library and resources relating to the various cancer diagnoses and treatment; a free advocacy service, helping you with things such as medical card applications and disability allowance.

Experienced and fully qualified, accredited counsellors provide one to one counselling, and there is also the option of gentle massage therapy, hand and foot massages, head massage, and reflexology. There are support groups, as well as courses in meditation, relaxation, and stress management.

Their centre is open from 10am-1pm Monday, Wednesday and Friday, and they can also be contacted after hours on 087 606 2072.

Vale Beauty & Massage Boutique

"Healing from within (self healing) is something I am so passionate about here at VALE," says Roisin at Vale Beauty & Massage Boutique. "I feel that taking time out for you is so important and it is the best form of self care. That is why I try to incorporate a pampering experience in every treatment at VALE, from the holistic side of massage and body treatments, to the feel good factor of a facial or nails, right down to an eyebrow wax, tint and shape you will feel relaxed, rejuvenated and looking a million dollars after a trip to VALE. I feel that every time you step out that door you are taking a step towards self care and looking after you, that is why I strive to make every single treatment a memorable, feel good, healing experience for you."

Arklow Cancer Support

Arklow Cancer Support provides a safe place for a person diagnosed with cancer and their families, providing important information and new coping skills in a non-judgmental and caring environment.

Arklow Cancer Support are hosting a Stress Control Programme commencing on September 16th for 6 consecutive Monday nights at 7:30 pm.

This course was devised by clinical psychologist Dr James White. The therapeutic modality is cognitive behavioural and it has been extensively evaluated with positive outcomes.

The course will provide information about and strategies for assisting you to gain useful approaches to managing stress and anxiety.

If you would like to book a place please contact 0402-23590. This is a very sought after programme so book early to avoid disappointment. You can also visit us on our Website www.arklowcancersupport.ie.

Rise Counselling & Psychotherapy

In autumn last year, following feedback from service users, schools and support workers, RISE Counselling - Kilcoole launched their free online resource, 'A Time of Change'.

This booklet offers psychoeducation around the emotional and psychological issues presenting in the child and teen population and will be of particular interest to parents, teachers and those working in a support capacity with young people. It can be downloaded at www.risecounselling.ie/downloads.

RISE Counselling - Kilcoole offer counselling for children aged 8 upwards and adolescents. Following a move to a larger premises in the same unit, RISE are committed to expanding their service and reducing waiting times for those in need. To enquire call 089 248 4028 or click on www.risecounselling.ie



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Beverly Studio, Church Terrace, Bray.

Dun Laoghaire:
Monday 7:30 - 9 pm
47 Upper Georges Street, Dun Laoghaire

for bookings and further information:
Call Dr Beizheng Liu @ **087 6798707**
or email beizhengliu@gmail.com



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Swift Kick success at European Championships

Congratulations to the members of Swift Kick Martial Arts Academy that returned from the WAKO European Championships in Gyor, Hungary, with a massive haul of trophies.

Their journey began at the beginning of the year with getting ready for the National Championships which is the qualifiers to represent Ireland at the European Championships. They set out with a target in mind and smashed it.

Over the two days at nationals they competed in 20 Divisions and came away with 15 Junior National Titles, 6 silver medals and 2 bronze Medals.

Eight of the nine members qualified for the Junior Irish National Team to represent Ireland in Hungary at the WAKO European Championships. Of the eight qualifying members six would travel to represent Ireland; those six were Heidi Mc Loughlin, Jake Carroll, Amy Ledwidge, Leah Kiernan, Sarah Cassidy and Max Miller.

They put in tremendous hard work to get ready for the Europeans and underwent numerous national



Pictured are Max Miller, Sarah Cassidy, Jake Carroll, Heidi Mc Loughlin, Leah Kiernan, Amy Ledwidge, and Jessica Grant of Swift Kick

they once again smashed it at the Europeans coming away with a total of 6 European Champion Titles, 7 Silver Medals & 5 Bronze Medals, ding themselves, their country, their club and families proud. The individual results were; Heidi; 1st CF, 1st CW, 2nd MW, 3rd MF. Jake; 2nd CW, 2nd MW, 3rd CF. Amy; 1st CF, 1st MF. Leah; 1st CF, 2nd MW, 2nd CW. Sarah; 2nd MF. Max; 1st CW, 2nd MW, 3rd MF, 3rd CF.

training sessions with the National Forms & Weapons Coach Jessica Grant who is also an instructor at Swift Kick with her brother Ferdia Grant.

National Coach Jessica was in Hungary with the National team keeping them

focused and prepared for when it was their time to shine. They were competing in four different divisions such as Creative Forms (CF), Musical Forms (MF), Creative Weapons (CW) & Musical Weapons (MW).

As with the Nationals



Joseph Byrne from Baltinglass was the winner of the 2019 Irish Boys Under 16 Amateur Open Championship at Donabate Golf Club.

Miraculous Prayer

Dear Heart of Jesus in the past I have asked for many favours. This time I ask you this very special one. (Mention request) Take it, dear Heart of Jesus and place it within your broken Heart where your Father sees it. Then, in his merciful eyes it will become your favour not mine. St Anthony and St Jude, helper of the hopeless, aid me in my distress. Amen.

Say this prayer for three days. Promise publication and favour will be granted. Never known to fail B.C.; M.K.

OFFICE SPACE WANTED TO RENT IN BRAY

A well established professional firm wishes to rent circa 2,500 sq. feet of offices in Bray. Preferably in town centre. Excellent financial references: Rental term negotiable;

In first instance please send details to:

P.O. Box 121, Wicklow Times, 5 Eglinton Road, Bray

PLANNING

WICKLOW COUNTY COUNCIL

Alphaplan Design (Tel: 086 2461269, Email: eugene@alphaplandesign.com) Seeks planning permission for conversion of existing office commercial building to dwelling and associated works at 5 Eglinton Road, Bray, Co. Wicklow (a protected structure) for S. Fitzmaurice. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

WICKLOW COUNTY COUNCIL

Elaine Kavanagh & Mathew Mason seek planning permission for a new dwelling house accessed via an existing exit/entrance, a new packaged effluent disposal system to current EPA standards, together with all associated site development works at Ballinahinch, Ashford, Co Wicklow. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of Wicklow County Council, County Buildings, Wicklow during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

WICKLOW COUNTY COUNCIL

Alphaplan Design (Tel: 086 2461269, Email: eugene@alphaplandesign.com) Seeks planning permission for extension to front of dwelling, window in lieu of side door to kitchen, and new pedestrian entrance to footpath at 39 Dunbur Glen, Wicklow, Co. Wicklow for D. and I. Kelly. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

WICKLOW COUNTY COUNCIL

Alphaplan Design (Tel: 086 2461269, Email: eugene@alphaplandesign.com) Seeks planning permission for retention of one bedroom apartment and retention of three storage sheds ancillary to existing stable yard and house, and proposed new waste water treatment system to EPA standards to serve house and apartment in lieu of existing septic tank at Ballyknockan House, Rathdrum, Co. Wicklow for B. and B. Doyle. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

WICKLOW COUNTY COUNCIL

I hereby give notice of submission of significant further information to Wicklow County Council in relation to planning application 19/624 for Conor Hillard who is applying for permission at Kilandra Glenealy, Co. Wicklow, for 28.1 sqm single storey extension to side of existing dwelling and associate, wishes to state that significant further information or revised plans, as appropriate, in relation to the application has been furnished to the Planning Authority, and is available for inspection or purchase at the offices of the authority during its public opening hours. A submission or observation in relation to the further information or revised plans may be made in writing to the planning authority within the period of 2 weeks beginning on the date of receipt by the authority of the revised newspaper and site notices. A submission or observation must be accompanied by the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

WICKLOW COUNTY COUNCIL

I Breda Kavanagh seek a planning permission for the upgrade of the existing septic tank system to a new packaged effluent disposal system to current EPA standards, together with all associated site development works at Ardfield, Ballinahinch, Ashford, Co Wicklow. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of Wicklow County Council, County Buildings, Wicklow during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

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John O'Brien recently captured this perfect moment just before a Kingfisher touches the water near Woodenbridge.

Safety in the dark

It's difficult to be seen well in the dark. In Autumn, the days are getting shorter, which makes the roads more dangerous for cyclists and pedestrians. People who regularly go for walks with their dogs should take precautions. Maxi Zoo points out things to be aware of and how you can make yourself visible to other road users.

Visibility. See and be seen.

Pet owners can wear reflective snap bands. This sort of material bounces the light from oncoming vehicles back and can be seen by drivers from around 150 metres away. A dark clothed person, however, can only be seen from 30 metres away. For your dog a flashing blinkie light that attaches to the collar is suitable. Bright LEDs blink intermittently and are visible from over a hundred metres away. The same principle applies to flashing or light-up safety collars which are also reflective and can be used with a reflective lead or harness. Dog safety vests can also provide good signals by reflecting back the light from vehicles. These are particularly suitable for free-running dogs. Finally, flashing strips and light bands leads are also available on the market, which ensure that both dog and owner cannot be missed. This is still not enough, you don't just want to be seen, you also want to see well yourself so it's a good idea to take a torch with you on your walks! Your local Maxi Zoo store has a full range of reflective and illuminated accessories to keep you and your pet safe this Autumn, call in to your local store and find the best option for you.



COMHAIRLE CHONTAE CHILL MHANTÁIN
WICKLOW COUNTY COUNCIL

Applications are invited from suitably qualified persons for the following post.

Panels may be formed from which future vacancies may be filled:

- **ASSISTANT CHIEF FIRE OFFICER**
REF: 17/2019
- **TEMPORARY EXECUTIVE ENGINEER**
REF: 23/2019
- **TEMPORARY SUBSTITUTE SCHOOL TRAFFIC WARDEN - BRAY**
REF: 24/2019

Application Forms and further details can be obtained from Enterprise & Corporate Services at 0404 20159 or by emailing recruitment@wicklowcoco.ie and on the Wicklow County Council website www.wicklow.ie

CLOSING DATE FOR RECEIPT OF COMPLETED APPLICATION FORMS IS 12 NOON ON THURSDAY 26TH SEPTEMBER 2019

Wicklow County Council reserves the right to shortlist candidates in the manner it deems most appropriate

Wicklow County Council Is an Equal Opportunities Employer

Thomas Murphy,
Director Of Services
Enterprise & Corporate Services
Wicklow County Council
County Buildings, Wicklow

Phone: 0404 20159
Fax: 0404 20112
e-mail: recruitment@wicklowcoco.ie

TRAINING COORDINATOR & ASSISTANT TRAINING COORDINATOR REQUIRED for Wicklow and Arklow locations

This innovative Professional Culinary Entrepreneurship QQI level 5 programme, is a workplace immersion programme delivered over 48 weeks, learners are immersed in a live café restaurant open to the general public.

We are seeking two culinary trainers who have teaching experience in food service and running a business through an innovative training model as well as good administration skills.

We are looking to fill these roles with individuals who are motivated and have a good understanding of the catering and hospitality industry.

Please be advised that only experienced applicants will be considered.

FIRST POSITION:

- **Training Coordinator**
- Professional Cookery Level 5 award 5M2088
- Salary - € 33,536.00 (per annum)

SECOND POSITION:

- **Assistant Training Coordinator**
- Professional Cookery Level 5 award 5M2088
- Salary - € 29,782.00 (per annum)

The aim of the programme is to provide its learners with the opportunity to engage in the Catering and Hospitality Industry, identifying progression routes into further training, education and employment options available to them.

General Overview of Responsibilities

- To assist in the development of the programme in consultation with the all stakeholders
- Assist with QQI accreditation and facilitate learners in pursuing and achieving a major QQI 5 award
- Direct delivery of QQI modules to all learners on the programme— specifically Culinary Techniques, International Cuisines, Pastry Baking & Desserts, Menu Planning & Applied Nutrition. Meal Service, Food Science & Technology, Word Processing, Personal Effectiveness, Work Practice

Training Programme: Specific Duties

- Assist in the running of full-time training project
- Assist in co-ordinating the learners registration with ETB when new project starts
- Provide on-going support to learners to ensure they benefit from and successfully complete the programme
- Assist in the design, delivery and evaluation of modules for the programme
- Assist in the planning and execution of accreditation of the programme modules
- Hands on delivery of training QQI major award modules at level 5
- Take part in regular meetings to develop on-going work plans/ schedules to ensure smooth management of the modules
- Provide individual support and evaluation to all course participants
- Support the evaluation of learners progress with regular group and individual sessions
- Develop individual learning plans with learners and facilitate progression to other forms of training, education or employment
- Assist with the compliance of all ETB requirements
- Assist in the production and retention of all project records in accordance with the requirements of QQI level 5
- Monitor, record and report course participants' attendance to ETB on a weekly basis
- Implement Health and Safety procedures as per current legislation

TRAINING COORDINATOR POSITION(S)

Responsibilities:

- Deliver 60% of the training programme
- Planning, delivery and reporting of the training programme to KWETB and Catering Training & Business Solutions
- Office management
- Dealing with the public

Requirements:

- Must have teaching and experience working with ETB projects for at least two years
- Qualification in the area of Culinary
- Knowledge of food service & running of a café- food business
- Technology and organizational skills
- Have the ability to work on their own initiative as well as a part of a team
- Experience and ability to deal with the public

ASSISTANT TRAINING COORDINATOR(S)

Responsibilities:

- Deliver 40% of the training programme
- Reporting to training coordinator
- Office management

Requirements:

- Must have teaching and experience working with ETB projects for at least two years
- Qualification in the area of Culinary
- Knowledge of food service & running of a café- food business
- Technology and organizational skills
- Have the ability to work on their own initiative as well as a part of a team
- Experience and ability to deal with the public

Application Deadline: 11th September 2019. Contract: Full-time (48 week contract). Start Date: September 2019. Location: Wicklow Town, Co. Wicklow

**Please email cover letter and CV (with Reference Job Title) to:
Patrickflanagan30@gmail.com**



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