



SERVICE OF REMEMBRANCE page 12



NEW YEAR NEW YOU pages 16-17



BUNDLE OF FUN page 20

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Tuesday 15th January 2019 5 Eglinton Road, Bray, Co. Wicklow T: 01 - 2869111 www.wicklowtimes.net E: wicklowed@localtimes.ie

# DRUGS AND THUGS

Is the rule of law breaking down in Wicklow? This is the question many residents are asking after a number of gang related violent incidents.

Bray father of two Stephen Somers (27) is in a critical condition after being shot a number of times last Wednesday evening. The victim was sitting in the passenger seat of a car with a female companion at St Laurence's Terrace in the Dargle area, when a gunman approached in a dark car, firing several times through the window.

The victim was shot a number of times in the chest and body but was understood to be responsive when paramedics arrived. The man is believed to be known to Gardai but a motive for the shooting is not

immediately clear but is believed to be drug gang related.

Also recently three masked men armed with baseball bats forced their way into a home in Ashford and terrorised a family. They said they wanted to speak to a young man that lived there but who wasn't present at the time. There have been similar incidents reported in Arklow and Wicklow Town where thugs used axes to smash in front doors. The common denominator seems to be the thugs' total lack of fear of the consequences.

Local

Independent councillor, Joe Behan said "The savage shooting on Wednesday night has shocked the people of Bray. While the victim's injuries are thankfully reported to be not life-threatening, this incident is deeply troubling as it is yet another gangland style shooting in Bray.

"I am deeply concerned that the rule of law is being undermined by criminal elements, who are becoming more ruthless in their activities and who do not put any value on human life. The fact that these shootings are happening in places where innocent bystanders or passers-by



Pictured: Elizabeth Kent and Maeve Shortall from St. Mary's College Arklow at the BT Young Scientist Exhibition in the RDS last week. Their project was called 'Rounding up the bees: Is there Roundup in our honey?'



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could also be killed or injured should be of added concern to everyone.

"As a member of the Co. Wicklow Policing Committee, I have raised the issue of Garda resources in the entire county of Wicklow, including Bray on many occasions. I am extremely concerned that there are not enough Garda personnel available to deal with this rising threat of gangland crime particularly in urban areas of our county.

"The Gardaí in Bray and County Wicklow do a magnificent job but there are not enough of them. It is time that this Government treated Bray and County Wicklow the in the same way as other urban areas in the big cities who are subject to rising levels of serious crime. There should be an immediate increase in

Garda personnel at all levels to stamp out this growing scandal of gangland crime."

Responding to the shooting Bray based TD, John Brady condemned it and called on the Justice Minister to deliver all necessary personnel and resources to An Garda Síochána to apprehend those responsible.

The Sinn Féin Deputy said; "The shooting on Wednesday evening has been roundly condemned in the strongest possible terms by the local community. This shooting took place in a highly populated part of the town that has already seen much grief in the recent past as the shooting took place adjacent to where our two brave firefighters lost their lives."

Continues on Page 3



## Oifig Fiontair Áitiúil

### Local Enterprise Office

Your Local Enterprise Office Wicklow has just launched its Spring/Summer 2019 Training Courses for small businesses & the self-employed in Co. Wicklow



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Local Enterprise Office Wicklow, Wicklow County Campus, Rathnew, Co. Wicklow  
Phone: 0404 30800 Email: [enterprise@leo.wicklowcoco.ie](mailto:enterprise@leo.wicklowcoco.ie)








Pictured: Farrin Wolohan (Gretel), Rob Donnelly (Jacob Grimm) and Aimee Fox (Piglet) at the recent Arklow Panto 'Snow White and the Babes in the Wood' in Arklow Leisure Centre.

## Newtown GAA presentation night this month

Newtown GAA will host their presentation night on Saturday January 26th in the Parkview Hootel and would like as many as possible from the community to join them as they present meals and trophies to their adult men and ladies football teams.

Doors open at 7.30pm on the night with dinner served at 8pm sharp Music on the night is from Men in Black Tickets are €35 and can be bought from the post office.



**It's at times like this that you really find out what 'community' means, and we have been overwhelmed by the massive outpouring of support and goodwill from our friends and neighbours following the fire on Friday.**

In particular, we would like to offer our sincere thanks to all the emergency services for their rapid response and hard work.

We're happy to announce that we are now open **at our new premises, 5 Quinsboro Road, Bray.** Our records are securely stored digitally and our second office in Greystones remains open, allowing us to provide uninterrupted service for our clients.

For nearly forty years we've been proud to provide legal advice and services to the community, and we look forward to continuing to do so for many more.

Thank you again to our colleagues, friends and clients for all your messages of support.

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## Local man raises funds for DWMRT through Art O'Neill Challenge

**On Friday 11th January David Byrne took part in the Art O'Neill Challenge to raise funds for the Dublin & Wicklow Mountain Rescue team.**

The Art O'Neill Challenge is a 55km walk retracing the historic escape of Art O'Neill which happened in January 1592.

The walk began at midnight and participants walked through the night, catching the sunrise as they trekked

from Dublin Castle, on the road and through 23km of open hillside, to the finishing line at Glenmalure.

The walk typically takes between 12 and 15 hours to complete. Only 200 entrants are allowed to attempt it each year and this was David's

first successful application. David says he wants to help the DWMRT in their voluntary work to rescue lost, stranded, and injured walkers. He has set up a GoFundMe page ([gofundme.com/art-o039neill-challenge-2019](http://gofundme.com/art-o039neill-challenge-2019)) and is hoping to raise €2,000.

Speaking about his fundraising, David said "Your help, no matter how much, will be very much appreciated at one of the busiest times of the year for Mountain Rescuers."

## Anam Cara Wicklow Parents Evening

**Anam Cara Wicklow, the organisation that supports bereaved parents, is holding its monthly parent evening on Monday 21st January at 7:20pm in the Parkview Hotel, Newtownmountkennedy.**

The meeting offers parents a safe and comfortable forum where they can connect with other bereaved parents who will understand the depth of their grief and loss.

Anam Cara CEO Sharon Vard stressed that this event is open to all bereaved parents regardless of the age of the child or children, the circumstances of their death, or whether this was recent or not.

For those considering attending but unsure, Ms Vard suggests they visit the website, [www.anamcara.ie](http://www.anamcara.ie). "There, in their own time, parents can watch our short videos with testimonies from bereaved parents and couples who have attended Anam Cara events. The videos, which are just four minutes each, show parents interviewed on topics like A Dad's Grief, Sudden and Traumatic Death, and The Grieving Family."

Anam Cara services are offered free of charge.

## Autism training for parents

**Middletown Centre for Autism presents Parent Training in Wicklow Primary Healthcare Centre (Knockrobin), from Thursday 17th January to Thursday 14th February 10am to 12pm.**

Topics include Autism and the teenage years (17th Jan); autism and anxiety management (24th Jan); autism and sensory processing (31st Jan); autism and motor skills (7th Feb); autism and the promotion of positive behaviour (14th Feb).

For more information or to book a training event see [middletownautism.com](http://middletownautism.com).

## Bray Cualann Historical Society

The AGM of the Bray Cualann Historical Society will take place at 8pm on Thursday January 17th in the Royal Hotel, Bray. It will be followed by a talk by James Scannell recalling 'The Closure of the Harcourt, Street, Dublin - Bray line, December 31st 1958' to mark the 60th anniversary of the line's closure. All members are requested to attend the AGM - admission for visitors to the talk - €5.

## Aughrim and District Active Retirement

The first meeting of 2019 was on January 8th. Voting will take place at the AGM in February. Chair yoga is back on 15th January for three weeks. €15 is due on the day.

## A good night's sleep

The right sleeping area is of great importance to animals' welfare. Our pets need the right environment, so picking their sleeping area must be considered carefully. Watch to see where your cat or dog most likes to lie down and see if they prefer a cushion, a basket or a blanket. The kind of bed you select is also important for a good night's sleep. There are special mattresses and raised beds available for senior pets or particularly heavy animals to protect their joints.

The ideal spot for their bed is in a quiet corner that's still near the family. Cats love having resting areas higher up, such as in a scratching tree or a radiator hammock. Dogs like to have a view of the room too, but they shouldn't lie directly by the door as there's too much going on there.

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\*In contentious business, a solicitor may not calculate fees or other charges as a percentage or proportion of any award or settlement

# BE VIGILANT FOR MENINGITIS AS CASES ON THE RISE

Minister for Health Simon Harris has advised people to make themselves aware of the symptoms of Meningitis as the HSE are reporting higher occurrences in recent weeks.

Signs and symptoms may include: Fever (sometimes with cold hands and feet); Joint or muscle pain; Rapid breathing; Severe Headaches; Drowsiness; Discomfort from bright light; Neck stiffness; Vomiting, stomach cramps and diarrhoea; Non-blanching rash may appear which may be tiny red pin pricks that may develop to purple bruises. This rash does not fade under pressure.

The HSE have advised that eleven cases have been notified to the Health Protection Surveillance Centre (HPSC) since the last

week in December. Three patients diagnosed with meningococcal disease have died. All three deaths were directly due to this infection.

The eleven cases notified in week 52 2018 and week 1 2019 compares to 5 cases for the same time period last year. In 2018 a total of 89 meningococcal cases were notified compared to 76 in 2017.

Minister Harris said: "The HSE have advised of a spike in the reported cases and for this reason, I am really eager to make people aware of the risks. Meningitis can be very serious and it is really important that people are



Minister Simon Harris

aware of the symptoms. It is really important that people have their vaccinations up to date also as we do have vaccinations against certain strains. I would urge everyone to take a few minutes to read the HSE's advice on the issue by visiting : [www.hse.ie](http://www.hse.ie).

According to Dr

Suzanne Cotter, Specialist in Public Health Medicine, HSE Health Protection Surveillance Centre, "If anyone has any concerns about meningitis they should ring their GP in the first instance. Meningitis and septicaemia often happen together and symptoms can appear in any order. Some may not appear at all. If someone is ill and getting worse, get medical help immediately. Parents of children should also check that they are up-to-date regarding their childhood meningococcal vaccinations."



Pictured: Vinny Kilroy (Widow Gilhoolie) and Avril O'Toole (Evil Queen) at the Arklow Panto 'Snow White and the Babes in the Wood' in Arklow Leisure Centre.

## 'Catch-up programme needed for MenB vaccine'

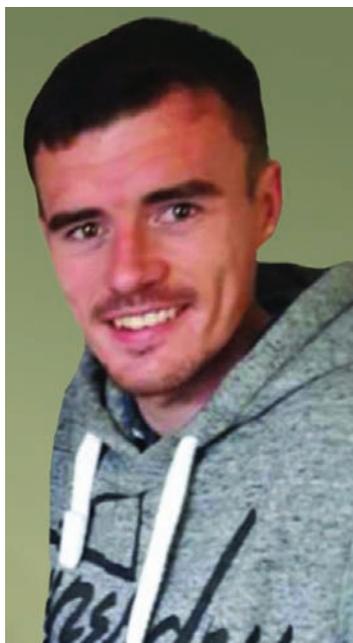
Social Democrats Spokesperson for Children, Councillor Jennifer Whitmore, has called on the Minister for Health to introduce a Meningitis B catch-up vaccination programme for children and young adults born before October 2016, when the current HSE vaccination programme was introduced.

Councillor Whitmore said "Vaccination is our main way of preventing the spread of these kinds of life-threatening diseases. Many parents might feel secure because their children have already been vaccinated with the six in one vaccine. However, the Meningococcal B strain has only been included in the HSE's vaccination programme since October 2016.

"This means that children who received their vaccinations before October 2016 will only be immunised against Meningococcal C. However, the age groups that are most vulnerable to Meningococcal B are the under 1s, under 5s and teenagers. The latter two cohorts will not have received any protection against this disease under the current vaccination programme.

"The HSE should provide catch-up vaccinations for children and young adults. The vaccine injections cost hundreds of euro, so it's vital that people know they can bring their children and teenagers to their GPs for the vaccines without having to worry that they will be charged."

# DRUGS AND THUGS



Bray shooting victim Stephen Somers.

...Continued from page 1

"This shooting like the previous fatal shooting in Bray Boxing club does not represent what Bray stands for, or the strong community in the town. That's why as a community we stand united in our condemnation of the violence.

"It will be vital in the days and weeks ahead for the Justice Minister to continue resourcing An Garda Síochána and provide any additional resources needed to apprehend those responsible and secure convictions.

"Thankfully the Garda Drug Unit which had been disbanded has been recently re-established. However Garda numbers in the area remain low and that needs to be addressed immediately.

"Unfortunately a dark cloud has been over Bray since the fatal shooting in Bray Boxing Club last September; however these are isolated incidents that don't represent the town. We must continue to build on the strong community in the town and all the positives. We do need the establishment to step up to the mark and tackle the senseless gun crime that's growing across the entire State."

Speaking the *Wicklow Times*, Minister Harris said, "The dedication of our Gardai is incredible and I know as a community we are all very grateful to them. I was pleased to have the Minister for Justice in Bray in recent months to meet Garda management with me.

"I am also pleased that the Drugs Unit for the district is now in place and that we are also benefiting from new Garda recruits in our community. I would hope the County Wicklow Joint Policing Committee could meet to be briefed by the Gardai and to discuss how best we can support their efforts."

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Members of the Wicklow Irish Pilgrimage Trust at their recent swim in Brittas Bay in aid of the Irish Pilgrimage Trust.

# BRAY BATTLES THREE FIRES IN FOUR DAYS

Three fires that broke out in Bray in a four-day period appear to have been accidental and unrelated say Gardai, although forensic investigations are continuing.

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## Bray Tile & Bathroom Centre

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A fire broke out in the building housing the Florentine Bar, Hilton's Pharmacy and Maguire McNeice Solicitors at 1.30am on the morning of January 4th. The main Street was sealed off for most of the day as fire crews from Bray, Greystones and Wicklow Town fought the blaze in the old building.

Three days later on January 7th a fire broke out at Pete's Pizza on the Main Street. It is understood that an electrical fault caused the blaze. Nobody was hurt in the incident but the premises will be unusable for the foreseeable future.

The third fire occurred at a residential address on Galtrim Road, breaking out in a garage attached to a house. The fire was quickly extinguished and did not spread to the adjoining house. The affected businesses were quick to react. Maguire McNeice Solicitors released a statement thanking the

community for their support and informing customers of their new premises at 5 Quinsboro Road. They said their records are securely stored digitally and customers could also reach them at their Greystones branch.

Hiltons Pharmacy is not thought to have been badly damaged by fire but rather smoke and water damage and will remain closed for the foreseeable future. Immediately after the blaze, pharmacists were available at their other branch in Cornelscourt and in the coming days they will move into the neighbouring premises 'Pink Bomb'. Pink Bomb has transferred their stock to Fitzmaurices Pharmacy and will hold their workshops at another location.

It is not known what plans are in place for the Florentine Bar. Owners left a message on their facebook page thanking people for their support and saying 'we'll see you soon'.

### Giving Tree says 'Thank You'

Bray Rotary Club hosted their annual Christmas Giving Tree for two weekends on the steps of the Holy Redeemer Church in Bray. How the Giving Tree works is that Gift Tags are placed on the tree with first names and ages of local needy children and also vulnerable teenagers and adults.

Bray Rotary get the names from the four St Vincent de Paul Conferences in Bray, Purple House Cancer Support, Five Loaves Soup Kitchen, Bray Community Helpers, Open Door Day Centre and CASA, the Caring and Sharing Association.

The public take a gift tag; buy that person a suitable present, bring it back to the tree (unwrapped) and Rotary distribute them to the charities.

Each year they get huge support from the people of Bray, especially families, and have many regulars coming year after year and this was no exception, despite some horrendous weather.

Organiser Una Whelan says "We realise people have many calls on their generosity especially at Christmas but we were overwhelmed again this year by the generosity of people, especially young families, who gave so much for the least fortunate and often forgotten.

"On behalf of the Rotary Club of Bray I wish to thank everyone who helped and contributed."

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Pictured: Fiona and Amelie Moore from St. Gerard's, Bray, at the BT Young Scientist Exhibition in the RDS last week. The project investigated the incidence and impact of microplastics on Irish farms.

# CASEY HITS BACK AT TÁNAISTE OVER PASSPORT REMARKS

Responding to recent comments made in the media by the Tánaiste and Minister for Foreign Affairs regarding passport applications, Pat Casey TD has said the minister's comments are "arrogant and out of touch".

Minister Simon Coveney made the comment that TDs' offices should not be set up as passport delivery offices. Minister Coveney was referring to the practice of TDs making representations to the Passport Office on behalf of constituents.

Fianna Fáil TD Pat Casey said, "Each year, very many of my colleagues in the Oireachtas make representations on behalf of constituents to support their needs. I make no apology that in my own office, we were pleased to assist many Wicklow residents last year to obtain their passport through a variety of means.

"The Minister has oddly seen fit in his comments to criticise his party colleagues and public rep-

resentatives for assisting and representing their constituents.

"It's easy for a Minister based in an urban constituency with its own Passport Office to criticise those of us representing Counties more isolated and neglected by Government. These are areas left in Wicklow without broadband services to apply online and are quite some distance from a Passport Office.

"Thousands of homes in Wicklow are without broadband - so the Minister's proposed solution to divert everyone to apply online is as distant and impractical to these households as the office on Dublin's City Centre Mount Street."

He added, "Staff in the Passport Office work



Pat Casey, TD

under tremendous pressure given the restraints on resources but there have been occasions when applicants have been forced to wait up to 45 days for a passport or have found themselves in an emergency when a passport is required within a short time frame.

"The Minister failed to acknowledge that pass-

ports are a service provided by the State but that citizens pay for. It must not be forgotten that the State and the Department obtain an income from the issuing of passports each year. It should be therefore seen as the customer and consumer lead service that it is as opposed to the one being espoused by the Minister.

"I take my role as a public representative very seriously and see my duty to represent the people of Wicklow in the manner which they request or seek be that a passport application or anything else. Time and time again we have seen a complete lack of understanding from Government of the matters facing ordinary people. These latest remarks are no different," concluded Deputy Casey.

## Wicklow has lowest level of drink/drug driving in Ireland

Wicklow has the lowest ranked level of drink/drug driving in the country, despite a steady increase in the number of offences recorded nationally.

Recent Central Statistics Office (CSO) figures show that the Garda division of Wicklow recorded 8.28 drink driving detections per thousand of population. This was well under half the amount recorded in the highest district recorded, the Garda division of Cavan/Monaghan which stands at 19.11 per thousand of population.

The CSO figures show that detection rates are usually higher in rural areas while cities have more incidents of drug driving. However the assumption that drink driving is a relic from the past, predominantly carried out by older people was challenged by Garda Assistant Commissioner last month when he warned that 'millennials' are responsible for 30% of drunk drivers. Rural

Despite Wicklow's comparatively good driving behaviour, drink and drug driving is on the increase nationally, with the number of motorists caught in the past five years at 34,000 and rising.

In 2018 there were 149 people killed on the roads, 117 males and 32 females. 83 of these were drivers, 42 pedestrians, 15 motorcyclists and 9 cyclists.

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Kildare and Wicklow Education and Training Board

Just under €500,000 in Outdoor Recreation Scheme Funding (Measure 2) has been announced for Co Wicklow Outdoor Projects.

Speaking as he made the announcement, Minister Simon Harris said "The Outdoor Recreation Scheme is a key funding stream for Co Wicklow as Outdoor

Reaction is one of the key strands of our tourism strategy. "I was honoured to launch the Co Wicklow Tourism and Outdoor Recreation Strategy in the Brockagh Centre, Laragh recently. The strategy document clearly highlights the importance of Outdoor Recreation to our local economy and well-being.

"At that launch, I reaffirmed my commitment to supporting the development of our tourism and recreation sector so I am very pleased to this morning announce €467, 300 for three key Wicklow Outdoor Recreation Projects."

The Varty Reservoir Walk, which was opened by the Taoiseach this summer, will receive €157,705 in funding from this scheme for an extension of facilities and car park. €160,000 is being allocated for the upgrade of the fantastic St Kevin's Way from Hollywood to

Glendalough. In Wicklow National Park, €149, 600 will be allocated for rerouting and repair works at The Spinc.

"This rural targeted funding is very welcome as Co Wicklow continues to work to develop our tourism and recreation amenities. I will continue to work with Wicklow County Council and Government colleagues to secure funding for the development of our infrastructure," added Minister Harris.

Minister Andrew Doyle said "I have no doubt that these improvements to The Spinc, St Kevin's way and Varty Reservoir will continue to attract many visitors to our county. As a newly developed walkway and amenity area, the Varty Reservoir, opened in June 2018, is a great example of a local community working with its local development companies and local authority to enhance its existing tourist offering and benefit the local area by bringing forward a project under this scheme."

Council, Cllr Pat Vance said: "Recreational tourism is a growing part of Wicklow's tourism offering, and we have seen an increase in the number of visitors enjoying the many walking trails which have been developed in Wicklow in recent years. This is generating income for rural areas and helping to create more jobs in the hospitality and leisure sectors".

The Chief Executive of the Council, Mr Frank Curran, congratulated all

those involved in submitting the excellent applications under the Outdoor Recreation Scheme, and thanked Minister Michael Ring and his officials in the Department of Rural and Community Development for the continued investment in the County.

He also thanked Fáilte Ireland who co-funded Measure 2 of ORIS, and County Wicklow Partnership and the wider community who worked with the Council in bringing forward these projects.

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- DJ Techniques
- Acting for Film, TV and Theatre
- Acting Advanced for Film, TV and Theatre - HND
- Dance Technique, Performance & Choreography
- Dance Technique, Performance & Choreography – HND
- NEW** Mobile Technology and App Design

## SOCIAL COMMUNITY & HEALTH DEPARTMENT

- Beauty & Body Therapy Diploma
- NEW** Beauty Sales Consultant
- Fashion, Theatre & Media Make-Up – Diploma
- Nail Technician
- Holistic & Wellbeing Studies (mornings only)
- Hairdressing - Junior Stylist
- Hairdressing - Senior Stylist
- Barbering
- Nursing / Midwifery Studies
- Early Childhood Care & Education - Level 6
- Social Studies & Community Care
- Supervision in Early Childhood Care - Level 6
- Health Care Assistant
- Applied Psychology
- Applied Health & Social Care - HND

## SCIENCE & TECHNOLOGY DEPARTMENT

- Animal Care
- Animal Care & Management
- Animal Science Industry - Level 6
- Science - Pre University
- Forensics Applied Science
- Dietetics, Nutrition and Food Science
- Engineering Pre University
- Professional Cookery - Level 5
- Professional Cookery - Advanced - Level 6
- Computer Science - Level 5
- Computer Software Development
- Computer Networks & Cyber Security - Level 6
- NEW** Return to Work & IT Skills
- NEW** Smart Building Technologies

## BUSINESS, TOURISM & SPORT DEPARTMENT

- Business Management & Administration
- NEW** Entrepreneurship & Digital Marketing
- Business Management – Advanced Certificate
- Accounting Technician
- Accounting Technician Apprenticeship
- Tourism, Reception & Event Management
- Business Tourism – Advanced Certificate
- Pharmacy & Retail Selling
- NEW** Pharmacy Technician - Level 6
- NEW** Estate Agency Practice & Auctioneering
- Security Studies
- Sport, Exercise and Fitness
- Personal Trainer Strength & Conditioning - Level 6
- Soccer Studies & Fitness Instruction
- Law Pre University
- Office Administration
- Medical Administration (mornings only)
- NEW** Restaurant & Bar Management

## ADULT LEAVING CERTIFICATE DEPARTMENT

Adult Leaving Certificate

DEGREE,  
DIPLOMA AND  
CERTIFICATE  
PROGRAMMES  
FOR 2019 -  
2020





BriAnn Greene-Finn, Brielle Finn, and Bridget Greene are pictured at the launch of the Arklow Music Festival, in the Arklow Bay Hotel. The festival takes place from March 2nd-10th.

## Five Wicklow Municipal District projects shortlisted for national awards

Wicklow Municipal District has been successful in its nomination of five shortlisted finalists in the 2019 All Ireland Community & Council Awards.

The five are: The Volvo Round Ireland Yacht Race - in the category Best Tourism Initiative; Marine House Hospitality Training Centre, The Murrough, - Best Educational Building; Vartry Trails Project - Best Community Health Initiative; KWETB Riverwalk Cafe Culinary Entrepreneurship - Best Education/Training Initiative; Vartry Trails Project - Best Tourism Initiative.

Commenting on the nominations, Cathaoirleach of Wicklow Municipal District, Cllr Daire Nolan, said: "It was great news to see so many entrants from Wicklow shortlisted. It is testament to the hard work of all involved who bring these quality projects and events to Wicklow which help to enhance our everyday lives."

Now in their 13th year, the Awards aim to celebrate and recognise Councils and communities working together while also bringing national recognition to achievements that would otherwise go unnoticed.

The 2019 All Ireland Community and Council Awards, presented by IPB Insurance and LAMA (the Local Authority Members' Association) will take place on Saturday, 9th February in Croke Park Stadium.

## Free public WiFi to be provided in three Wicklow districts

Three Wicklow Municipal Districts - Arklow, Wicklow and Baltinglass - are to get free WiFi hot-spots, thanks to a European funding initiative. Wicklow County Council was successful in its application to secure the three WiFi vouchers worth €15,000 each.

Dónal O'Keeffe, Broadband Development Officer, Wicklow County Council, confirmed: "This funding will enable the development of several free public WiFi hotspots within these districts, which will aim to enhance public space amenities for local communities. Work on the procurement process with the Department of Communications will commence this month along with the selection of locations of WiFi hotspots".

The vouchers were made available under the European Commission initiative,

'WiFi4EU'. A total of 59 vouchers were awarded around the country, representing 21 local authorities which will benefit from the project and combined Irish funding of €885,000. The funding will be matched by the Department, doubling the value of the investment in public WiFi networks.

According to Minister of State at the Department of Rural and Community Development, Mr Sean Canney TD: "This outcome shows how proactive local authorities in Ireland are and their determination to bring

connectivity to their areas. They are doing as much as they can to provide their communities with a much-needed service and their efforts and engagement need to be applauded.

"Each successful local authority now has 18 months to select locations for the WiFi4EU hotspots and complete their installation to be ready for public use. These locations need to be 'centres of public life' where no other free WiFi service is already available. The WiFi4EU service will be free of charge, free of advertising and free from

commercial re-use of data."

Minister of State Canney, said "The amount of work invested in this project by our local authorities should not be underestimated. It speaks to a shared commitment to improve free-of-charge public WiFi services and to bring down the cost of mobile data. Local authorities across Ireland now have an opportunity to install WiFi in their villages, towns and cities, in parks and hospitals, libraries and town squares and I wish them all the best in their endeavours."

## Fines removed from all County Wicklow libraries

Borrowers who fail to return books to Wicklow Libraries in time will no longer face fines. As a result, Wicklow people are being encouraged to make a New Year's Resolution to reconnect with their local library.

From now on, library members through Wicklow, in line with a national move, do not have to pay fines for overdue items and no existing fines will be collected.

Any library user who has overdue items can return them now, confident there will be no fines to pay and their memberships can be reactivated on the spot, so they can begin using their local library again.

The removal of fines for library users is one of the actions included in the national strategy named 'Our Public Libraries 2022 - Inspiring, Connecting and Empowering Communities'. This strategy, launched in June 2018, aims to improve access to and increase use of the library as a community hub.

The five-year strategy is a joint initiative between the Department of Rural and Community Development, the County and City Management Association (CCMA) and the Local Government Management Agency (LGMA).

Cathaoirleach of Wicklow County Council, Cllr Pat Vance, said: "Libraries are an invaluable resource for all in the community and we want to remove any barriers that might prevent people making full use of them. That is why we are eliminating fines and other charges.

Libraries are welcoming spaces where all members of the community can access knowledge, ideas and information, and where people can reflect, connect and learn".

Wicklow County Council Chief Executive, Mr Frank Curran, stated: "Research has shown that people view fines as a

barrier to membership and usage of libraries. In addition, fines disproportionately affect those on lower incomes and can create a negative association with library use for children. There is evidence that library services which have removed fines see an increase in usage follow-

ing their removal and we very much hope that will be reflected now in Wicklow County Council's library network".

Wicklow County Council has 13 public libraries. See ([www.wicklow.ie/living/services/libraries](http://www.wicklow.ie/living/services/libraries)) for the range of services available.

# ARKLOW CREDIT UNION

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**WICKLOW COUNTY COUNCIL**  
COMHAIRLE CHONTAE CHILL MHANTÁIN

### HOUSING DEPARTMENT

Notice in relation to the operation of the following Grant Schemes:

**HOUSING ADAPTATION GRANT**  
**MOBILITY AIDS GRANT SCHEME**  
**HOUSING AID FOR OLDER PEOPLE**

Wicklow County Council is inviting applications for funding under the terms of the above Grant Schemes.

**HOUSING ADAPTATION GRANT** – covers extensions and reconfiguring the whole house for people with a disability or mobility problems in privately owned properties

**MOBILITY AID GRANT SCHEME** – covers level access showers, ramps, rails, ceiling hoists and stairlifts in privately owned properties

**HOUSING AID FOR OLDER PEOPLE** – covers roofs, electrical works and essential repairs in privately owned properties that are in poor condition.

As there is limited availability of funding only fully completed applications received with the necessary supporting documentation will be considered. Applications will be prioritised on medical need.

Application forms can be obtained from the Grant Section, Housing Department, Wicklow County Council, County Buildings, Wicklow Town, 0404 20120 or at [www.wicklow.ie](http://www.wicklow.ie) or email [housing2@wicklowcoco.ie](mailto:housing2@wicklowcoco.ie)

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**20% OFF DIARIES**

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**€3 OR 4 FOR €10**



Pictured: Suin, Aine, and Eireann Byrne at the Arklow Panto 'Snow White and the Babes in the Wood' in Arklow Leisure Centre.

# PROPERTY PRICES RISE €21,000 IN PAST YEAR

Property prices in Wicklow have risen by €21,000 in the last year, according to the latest MyHome.ie Property Report.

The report for Q4 2018 shows that the median asking price for a property in the county now stands at €320,000. While this was unchanged from the previous quarter, it is a 7% increase on this time last year when they stood at €299,000. The rise in prices was reflected in the asking price for a 3-bed semi-detached house in the county, which is also

unchanged from the previous quarter but is up 2.1% on this time last year from €293,000 to €299,000. Prices for this house type remain at their highest level in eight and a half years since they stood at €310,000 in Q2 2010. The asking price for a 4-bed semi-detached house in Wicklow rose by 3.5% in the last quarter from €362,500 to €375,000, putting them back at the same level they were at this time last year. The number of properties for sale in Wicklow on MyHome.ie fell 9% in the last quarter but was up 16.2% on this time last year. The average time to go sale agreed on a property in the county now stands at four months. House prices nationally are expected to rise by around 5% in 2019 after slowing sharply in Q3 and stabilising in the last quarter of 2018 according to the latest house price report from MyHome.ie. The report, which is published in association with Davy, predicts that robust demand and rising incomes will continue to push house prices higher once the uncertainty of Brexit has been resolved.

## 813 dwellings added to Wicklow residential stock in 2018

A total of 813 residential address points in Wicklow were added to the GeoDirectory database in the twelve months to December 2018, according to the latest GeoView Residential Buildings Report, published by GeoDirectory.

Nationally, 21,207 dwellings were added. The vast majority of these new addresses were located in Leinster region (65.6%), with Dublin accounting for over a third (35.2%) of the overall total. In December 2018, 461 residential buildings were classified as being under construction in Wicklow according to the GeoDirectory database. There were 1,463 residential property transactions in Wicklow in the 12 months to October 2018, with 25% of these being new dwellings. Wicklow's vacancy rate is 2.6%, which is lower than the national average of 4.8%. Dublin, Wicklow and Kildare were the only counties to record house prices above the state average. The average residential property price in Wicklow in 2018 was 355,092, higher than the national average of €284,546. Residential property prices in Wicklow increased by 6.5% across the twelve months, equating to €1,811 per month. Residential property prices in Wicklow increased by 6.5% equating to an increase of €1,811 per month. In Wicklow, the town with the highest average residential property price was Greystones (€458,785). When Dublin is excluded, the average house prices falls to €207,135. The counties with the lowest average house prices were Longford (€106,813), Leitrim (€113,093) and Roscommon (€121,170).

### Perfect grooming for dogs and cats

Owners must support their pets' grooming so that their animals' skin stays healthy and their coats maintain a silky sheen.

Short-haired dogs generally only need a good brushing once a week, and two to three times a week during the moulting season. Brushes with soft rubber teeth or natural bristles are both suitable for this task. Rough-haired breeds have additional needs that must be attended to regularly. These tasks range from trimming, to thinning of the undercoat and removal of dead hairs from the top coat. Dogs with a long coat should be brushed several times a week. You should also use a fine-toothed comb to prevent matting. You also need to be careful when it comes to washing your dog. Don't overdo it. Only give your dog a bath when his coat is heavily soiled. Call in to your local Maxi Zoo and their Pet Experts will be happy to give you advice on the best Grooming Products available! See Maxizoo.ie

### COMMUNITY AWARDS SCHEME

Wicklow County Council's annual Community Award Scheme fund for 2019 will be available as grant aid to successful community groups and local organisations wishing to undertake community projects in their area.

Community Grants (Maximum grant €2,000) are for small projects and group running costs and community pride (Maximum Grant €10,000) is for Large projects that make a significant impact and difference to the lives of the people in their community. Application forms and guidelines are available from: The Office of Community, Cultural & Social Development, Wicklow County Council, County Buildings, Wicklow. Tel: 0404/20208; or on the Council's website www.wicklow.ie. Completed application forms should be returned to Office of Community, Cultural & Social Development not later than 12 noon on Thursday 28th February, 2019. Late applications will not be considered. Email or fax applications cannot be accepted.

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Sun - Closed (Bank Hols 2.00pm - 5.30pm)  
Church Road, Ballybrack, Co. Dublin

# FUNDING FOR GLEN DING WALK WAY

Funding has been allocated for planning of a pedestrian and cycle pathway to the Glen Ding Woods in Blessington from the Deerpark/Downshire Road councillor Tommy Cullen, Chairman of the Municipal Council, has announced.

"Such a footpath will allow residents from Blessington to have direct walkway access to the historic Woodlands of

walkways of approximately one and a half miles in the Glen Ding Woods. This is something which is much needed in Blessington as it is immediately adjacent to the housing estates.

"Currently, hundreds of local residents walk these woods every week and this will facilitate these nature and exercise walks in safety.

"The Glen Ding Woodlands are something that I have successfully fought hard to protect in the High Court and at Council for many years and it is my sincere hope that this footpath will protect this beautiful area as a natural amenity for the people of Blessington."



Cllr. Tommy Cullen

Glen Ding without having to walk on the dangerous Naas Road to the Woods. This will facilitate many families to enjoy the public



Teacher Stuart Hannon, with Killian Bourke, Rory Mulcahy, and Principal Pat Gregory from Presentation College Bray at the BT Young Scientist Exhibition in the RDS last week. The project looked into the feasibility and possible application of water harvesting in Irish schools.

Enroll online at [www.bife.ie/parttime/eveningclasses](http://www.bife.ie/parttime/eveningclasses)

bife

The college offers a discount to those in receipt of Social Welfare. Early enrolment is advisable as classes may fill up quickly or may not form due to a lack of enrolments

SPRING 2019 EVENING CLASSES

Bray Institute of Further Education

MONDAYS

- |  |   |
|--|---|
| 315 Acting for Film and Television. Fee:.....€130            | 126 Italian - Beginners. Fee:.....€100                        |
| 373 Aromatherapy Massage. Fee:.....€100                      | 127 Italian - Improvers (NEW). Fee:.....€80                   |
| 105 Art - Painting & Sketching. Fee:.....€130                | 131 Leaving Certificate Irish. Fee:.....€130                  |
| 301 Art - Oil painting for beginners. Fee:.....€130          | 322 Novelty Sugarcraft. Fee:.....€130                         |
| 111 Computers for Beginners. Fee:.....€100                   | 116 Pottery/Ceramics. Fee:.....€150                           |
| 328 Computers - Improvers. Fee:.....€100                     | 324 Introduction to Make Up Artistry Fee:.....€130            |
| 106 Writing Workshop (NEW). Fee:.....€130                    | 326 Spanish - Beginners. Fee:.....€100                        |
| 107 Digital Photography. Fee:.....€130                       | 335 Spanish - Improvers. Fee:.....€100                        |
| 123 Bridge - Beginners. Fee:.....€130                        | 120 Start your own Business. Fee:.....€100                    |
| 108 Digital Illustration and 2D Animation. Fee:.....€130     | 369 Tai Chi. Fee:.....€100                                    |
| 310 Dress Making Fee:.....€130                               | 118 Sign Language - Beginners. Fee:.....€100                  |
| 114 First Aid and Cardiac First Responder. Fee:.....€130     | 311 Latin Line Dancing - early (NEW). Fee:.....€75            |
| 122 French - Beginners. Fee:.....€90                         | 312 Latin Line Dancing. Fee:.....€75                          |
| 189 French - Improvers. Fee:.....€90                         | 337 T.E.F.L. - Teach English as a Foreign Language. Fee: €130 |
| 104 Furniture Making - Woodwork for Beginners. Fee:.....€150 | 159 Iyengar Yoga - Beginners. Fee:.....€100                   |
| 308 Gel and Acrylic Nails and Nail Art. Fee:.....€130        | 333 Pilates - Level 1. Fee:.....€80                           |
|  | 334 Pilates - Level 2. Fee:.....€80                           |

Classes begin 21st January, most are of 10 weeks duration and run from 7.30-9.30pm

### BACK TO EDUCATION COURSES

Free for social welfare recipients and/or those who are early school leavers.

Introductory Course to Film making and Video - part time

QQI Level 5 childcare and early childhood education - part time

QQI Level 6 childcare and early childhood education - part time

### PHARMACY MEDICAL COUNTER ASSISTANTS COURSE

10 weeks

Friday's starting January 2019.

9am - 3pm.

Fee: €500.

[www.bife.ie](http://www.bife.ie)

Email: [bifeenquiries@kwetb.ie](mailto:bifeenquiries@kwetb.ie) or phone 01 282 9668 for details

Bray Institute of Further Education, Novara Avenue, Bray.  
T: 286 6111 or 282 9668 [www.bife.ie](http://www.bife.ie)

Find us on facebook at bife evening classes or on twitter @bife EC



### CRIME BRIEFS .....

#### AGGRAVATED ASHFORD BURGLARY

In Ashford on the night of Sunday, 30th December, an aggravated burglary took place in which three men armed with baseball bats broke into a home in the Woodview Estate, and struck fear into the family living there.

The men demanded to speak to a young man who was not there at the time. The three men left in a silver hatchback car however not before stealing a Playstation 4 console and causing criminal damage to the house.

A Garda investigation into the incident is ongoing.

#### ROYAL RIOT

New Year's Eve was marred by a small-scale riot in Bray during which an on-duty bouncer was hospitalised with a head injury. The man in his forties has since been released from hospital.

The brawl erupted at 1am at McGettigan's bar in the Royal Hotel and involved at least 20 people. Some damage was also caused to the interior of the bar during the melee.

Garda Units from Bray and Greystones broke up the chaos and one man was arrested on the night for public order offences. Gardai have been examining CCTV footage of the incident.

If anyone has information they are asked to contact Bray Garda Station on 01 6665300 or the Garda confidential line on 1800 666 111.

#### BRAY BURGLARIES

Recent non-residential burglaries in Bray saw break-ins at a primary school and a family resource centre. The Fassaroe Family Resource Centre was broken into on the night of Christmas Day/St. Stephen's Day. Laptops were stolen among other items. At St. Peter's Primary School during the night of January 3rd/4th, a break-in and robbery saw the theft of a money box. Anyone with any information regarding any of these incidents is urged to contact Bray Garda Station on 01 6665300 or the Garda confidential line on 1800 666 111.





Pictured are Rev. Ken Rue and Father Pat O'Rourke with Wicklow lifeboat crew at the Annual Service of Remembrance.

## National Leakage Reduction Programme will improve water quality in Arklow

Irish Water, working in partnership with Wicklow County Council, is replacing ageing water mains in Arklow to improve security of supply, improve water quality and reduce high levels of leakage.



**WICKLOW COUNTY COUNCIL**  
COMHAIRLE CHONTAE CHILL MHANTÁIN

### COMMUNITY AWARDS SCHEME 2019

As part of its commitment to supporting local community development, Wicklow County Council operates an annual Community Award Scheme. The fund for 2019 will be available as grant aid to successful community groups and local organisations wishing to undertake community projects in their area.

#### COMMUNITY GRANTS

(Maximum grant €2,000)  
Small projects and group running costs

#### COMMUNITY PRIDE

(Maximum Grant €10,000)  
Large projects that make a significant impact and difference to the lives of the people in their community.

Application forms and guidelines are available from:-

The Office of Community,  
Cultural & Social Development  
Wicklow County Council,  
County Buildings,  
Wicklow.

Tel: 0404/20208; or on the Council's website:  
[www.wicklow.ie](http://www.wicklow.ie)

Completed application forms should be returned to  
Office of Community, Cultural & Social Development  
not later than **12 noon on Thursday 28th February, 2019.**

Late applications will not be considered. Email or fax applications cannot be accepted.

The works will involve the replacement of approximately 2700 metres of old problematic water mains with high density polyethylene (plastic) pipe material. Works commenced last week.

The works are part of Irish Water's National Leakage Reduction Programme which will reduce the high level of leakage across the country by fixing or replacing ageing water mains in the coming years. This contract is being carried out by Ward and Burke Construction Limited. Works are due to commence next week and will be complete by June 2019. Once complete, customers will benefit from a more consistent water supply due to the reduction in instances of bursts and leaks. The communities that will benefit from these works include Sea Road, Beresford Terrace, Wicklow Terrace, Worsborough Terrace, Seaview Avenue and Clogg Lane.

Explaining what's involved, Irish Water's Network Regional Lead Joe Carroll said: "The section of works will take place along the Sea Road (R750), from the junction with Ferrybank to the Cluain Árd junction. The works will also involve laying new water service connections from the public

water main in the road to customers' property boundaries and connecting it to the customers' water supply. Where the existing service connections on the public side are lead these will be replaced as part of this improvement work."

"Areas of work will be limited to short sections to minimise impact on customers. The works may involve some short-term water shut offs and the project team will ensure that customers are given a minimum of 48 hours' notice prior to any planned water shut offs."

"Traffic management will be in place during this time. Local and emergency traffic will be maintained at all times. We understand that this type of work can be inconvenient and works crews will make every effort to minimise any disruption these necessary works cause."

"Residents and businesses in the areas to benefit from the planned improvements have been notified and customers can phone Irish Water on Callsave 1850 278 278 if they have any questions about the project."

Irish Water regret any inconvenience these necessary water network improvements cause. Details of work in the area will be updated regularly on the Water Supply Updates section of our website.

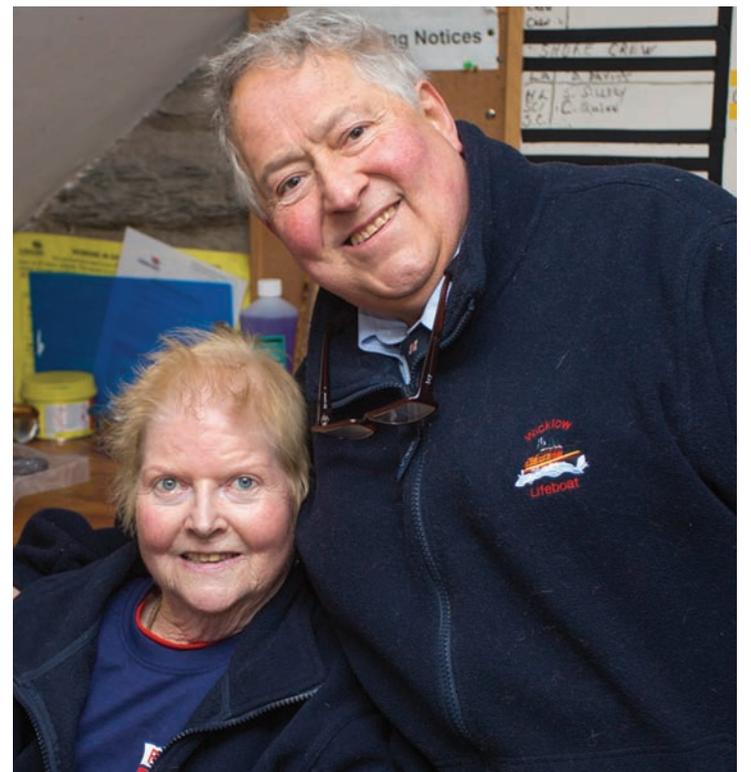
## WICKLOW RNLI ANNUAL SERVICE OF REMEMBRANCE

Wicklow RNLI held its annual Service of Remembrance on New Year's Day in memory of all the deceased lifeboat volunteer members, sailors from the town and all those associated with the sea from Wicklow.

A short religious prayer service and blessing of wreaths was conducted by Rev. Ken Rue and Father. Pat O'Rourke. After the blessing, Coxswain Nick Keogh and the lifeboat

crew took the floral tribute out to sea and placed them on the water. This year's ceremony was very poignant for the volunteer crew as it will be the final Service of Remembrance for the

all-weather lifeboat RNLI Annie Blaker. The Tyne class lifeboat which has been on station at Wicklow for the past thirty years, will be retired from service in the coming months.



Pictured: Elizabeth and Jimmy Belbontin at the Wicklow RNLI wreath laying ceremony.



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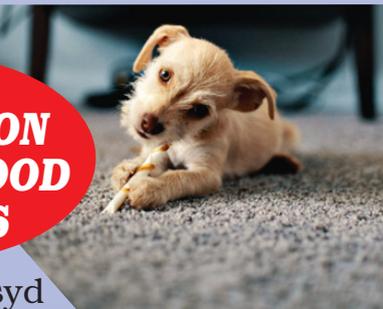
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Pictured at the recent Bray Area Partnership community lunch are Fionnuala Curry, Louise Cole and Niamh Maguire.

## Raheenleagh Wind Farm Community Fund now open for applications

Raheenleagh Wind Farm, located within the Raheenleagh forest, Ballinvalley has announced the fifth round of its community fund.

The fund, which is valued at over €46,000 this year, opened last week. Applications can be made online until Friday 15th March at 5pm via our website [www.windfarmcommunityfunds.ie](http://www.windfarmcommunityfunds.ie).

Funding is available to support local organisations in the delivery community projects and initiatives which fall within one or more of our broad themes: Education and Skills; Health, Safety and Wellbeing; Environment and Habitat Conservation; Energy Efficiency and Sustainability; Culture and Heritage; Recreation, Sport and Social Inclusion.

Since the launch in 2015, the Raheenleagh Wind Farm Community Fund has committed to investing more than €327,000 in 34 community projects within the vicinity of the wind farm.

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# Thriving, not just surviving

January tends to mark a time for reflection - both personally and professionally. Quite often, we put plans in place for change but are we asking the right questions?

Network Ireland Wicklow said they are delighted to have Anne Mangan, an Educational Consultant & Coach, join them for a night themed; Thriving Not Just Surviving, in **Clermont House, Rathnew, on Wednesday 16th January, 7pm-9:30pm.**

Anne is a strong believer in the value of knowing ourselves and what we need to thrive, both personally and in our work-life.

During the evening, Anne will guide attendees consider the extent

to which things they do in their daily routine nurtures them. The role of intuition is considered in relation to decision-making and as a guiding force in our lives. She will talk about energy levels and what they can tell us about what we should be doing more or less of. The cyclical nature of change is discussed, and attendees will have an opportunity to identify areas of their lives that they feel may need change.

Speaking about the event, Network Ireland

Wicklow Branch President, Nicola Donegan of Orchard Print and Promotions said "This event is a find for all attendees and a very positive start to 2019. Anne Mangan's event is a 'you need to do this for yourself' as when you leave the event you will have learnt, experienced and broadened your thoughts on your auto daily routine, how it impacts you and how you can improve it. This will be a workshop format so it will create a great opportunity to

learn with Anne. "We are so fortunate to have Anne as our January event speaker. With the start of a New Year, this event will broaden your perspective and provide you with a better outlook. I assure everyone who attends, they will be delighted they did."

Valued members and visitors are welcome to the event. You can register on [Eventbrite.ie](http://Eventbrite.ie) via or you can turn up on the night.

Visitors fee: €27.55.

## Volunteers needed for annual Purple Heart Appeal

Purple House Cancer Support is seeking volunteers for their Annual Purple Heart Appeal which takes place on Thursday 14th February.

The Purple Heart is a sign of support for anyone who is affected by Cancer.

Now in its 3rd year, The Purple Heart Appeal is the main fundraising event for Purple House Cancer Support, who in 2018 supported over 1,300 families across Leinster, through a range of services including their Cancer Support Centre in Bray Co. Wicklow and Cancer Support service in the DLR Lexicon Library Dun Laoghaire.

Conor O'Leary of Purple House says "This February we are asking you to support people living with Cancer by picking up a Purple Heart pin badge for €2 from our volunteers in various locations. Wear your Purple Heart on Valentines Day Thursday 14th February and show your support! We are also delighted to announce our Purple House Caring Bears which will also be for sale for €5. We need your help to enable us to help more families living with Cancer.

"Members of the public can buy a Purple Heart for the following reasons: for a friend or loved one who is living with Cancer; in memory of someone

who has passed away; in support of Purple House, who are supporting families & individuals affected by Cancer through the work of their Cancer Support Centre and services. If your school, company or club would like to hold a Purple Heart Day, please contact us for a pack."

Contact on 01-2866966 or [info@purplehouse.ie](mailto:info@purplehouse.ie) if you can help out for an hour or two. Please see [www.purplehouse.ie](http://www.purplehouse.ie) for more information.

## Free positive mental health programme returns to Wicklow

Aware has announced that its popular Life Skills Group Programme will be available in Wicklow again this January.

Developed by the renowned cognitive behaviour therapy specialist (CBT), Dr. Chris Williams, the Life Skills Programme is designed to help people learn more about how we think and how this can influence our actions in helpful or unhelpful ways. The free programme, nine hours over the course of six weeks, will teach attendees how to better manage the stress of everyday life, recognise and manage unhelpful thoughts, learn new ways of thinking and ultimately begin the journey to a healthier and more confident life. Over 2,500 people participated in 120 programmes nationwide in 2018.

The Aware Life Skills Group Programme will begin on **Wednesday 30th January at the Arklow Bay Hotel**. Online registration for the programme is now open and places are available to anyone over 18. Those interested in attending are encouraged to book quickly as places are limited.

The programme is free to attend, however there is a refundable 30e booking deposit in place to ensure participants that really want to book a place have the opportunity to do so. The booking fee will be refunded by contacting Aware once all six modules in the course have been completed. Reduced booking fees are available for students, the unemployed, OAPs or those in possession of a medical card.

To register and book your place visit [aware.ie](http://aware.ie).



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# NEW YEAR NEW YOU

**I**t wouldn't be January without New Year resolutions! With the excesses of Christmas becoming a distant memory, it's a great time to focus on your goals for the coming year.

For many of us, these goals will centre around physical health and well-being. A healthy body can often mean a healthy mind which is why it's so important to keep fit and stay in shape. Many of us may have overindulged over the Christmas period so for 2017 why not resolve to shape up with the help of some of the businesses mentioned on these pages.



## Greystones Cancer Support stop smoking course

If you have ever considered trying to stop smoking, now is your chance! Greystones Cancer Support will be running a six week Stop Smoking Course starting on Friday morning, 18th January for six Fridays. Sessions will be held at Greystones Cancer Support, La Touche Place, 10.30 am to 12 pm.

The course is free and is open to the public.

The Stop Smoking Course will be run by Jacinta Barnewell, health professional. Jacinta has many years experience and has led previous GCS Stop Smoking courses. Participants in the course will benefit from her very helpful suggestions, insights and superb programme.

Jacinta Barnewell says, "Even if you have tried to stop smoking previously, it is well worth giving it a try again. Sometimes it does indeed take several attempts to stop."

Get 2019 off to a good start! GCS takes a holistic approach to staying well and keeping fit. Don't let this opportunity go by. This course is local, easy to get to in Greystones. Booking and details from 01.2871601 or info@GreystonesCancerSupport.com.



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## STOP SMOKING with Jacinta Barnewell

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# NEW YEAR NEW YOU

## Slimming expert says we're all 'Carbfused'... and that you CAN eat carbohydrates and lose weight this new year!

A weight-loss Consultant from Arklow is urging anyone who wants to lose weight in 2019 not to fall for the common misconception that cutting out carbohydrates is effective for long-term weight loss, after new research found that low-carb diets are often difficult to follow and leave people feeling hungry, bored and restricted.

The study, conducted by YouGov in the UK and commissioned by Slimming World, concluded that Ireland is confused about the role of carbohydrates in health

their diet - like pasta, rice, potatoes and bread - in fact, members of her slimming group eat these foods regularly, lose weight, and keep it off. She says: "We hear con-

was a myth or weren't certain whether it was a myth or fact. We really are a nation that's 'carbfused'!

"Banning' foods is often counter-productive. Having been overweight myself I know this just leads to cravings, which in turn leads to feelings of guilt and low self-esteem - a vicious cycle. Instead, filling up on low-energy-dense foods like carbohydrates, fruits, vegetables and lean meat, means you can eat larger amounts for fewer calories and feel fuller and more satisfied while losing weight, making it much more sustainable in the long-run."

Joanne from Avoca was feeling especially unhap-

January 2018. "Although I knew I really wanted to lose weight, I was apprehensive about how I would still be able to enjoy my food, and if it would be restrictive, for example, cutting out carbs. I enjoy cooking and was worried the meals might be a bit bland and that I wouldn't be able to enjoy some favourite treats like chocolate and crisps!"

However, Joanne was delighted to find that with Food Optimising she was able to enjoy a huge variety of food without the hassle of weighing or measuring and that pasta, rice, noodles and potatoes were all still on the menu! So convinced was she that this was the real deal, that she persuaded her dad Bruce to join up the following week.

Bruce had had some heart issues and was told he was pre-diabetic. His doctor had issued him very stern warnings and



Joanne BEFORE



Joanne AFTER



Bruce BEFORE



Bruce AFTER

Bruce himself was personally unhappy with his growing size and weight - "I had nothing to lose so I decided to go along with Joanne and give Slimming World a shot!"

Both of them jumped head first into Food Optimising! Joanne found some great healthy alternatives to crisps and was soon whipping up homemade hummus as

plenty of dinner inspiration to be shared in group.

Meanwhile Bruce was becoming quite the gourmet and making loads of small changes to produce healthy, delicious meals. "I love the recipe books available in group and trying out new dishes". A favourite meal quickly became cod with bacon and lentils, easy and delicious!

toms disappeared completely! Now 3 stone lighter, Joanne feels healthier and happier than

helped, but I know that the weight loss addressed the main issue. The threat of Type 2 Diabetes is also

**Low-carb diets are often difficult to follow and leave people feeling hungry, bored and restricted**

she has in long time, and has found the journey truly life changing. Her only regret is that she didn't join Slimming World sooner.

As for Bruce, he went back to his cardiologist and was delighted with his reaction as he realized Bruce had lost over 2.5 stone since his last visit. He was so impressed! "The risk to my heart has been reduced massively. Of course medication has

completely gone now and my bloods are normal". On top of all that, Bruce has now lost 16cm off his waistline and now finds it easier to tie his own shoelaces!

Neither Bruce or Joanne plan to go back to the way they used to eat or the way they used to feel. They continue to support each other and both are thrilled that Joanne joined Slimming World in January!

**"I had nothing to lose so I decided to go along with Joanne and give Slimming World a shot!"**

well as making delicious meals, including Slimming World versions of chicken curry and spaghetti Bolognese. She also found that there was

Joanne had been having some stomach issues, which caused difficulty sleeping, but within weeks of starting Food Optimising, these symp-

### 'Banning' foods is often counter-productive

and weight loss. They found more than 70% of people have tried to lose weight, with more than a third (37%) of them following a low-carbohydrate diet. However, many of those surveyed said they found diets that restrict carbohydrates difficult to follow, because of feeling hungry, bored and restricted in what they could eat.

Sarah, a Slimming World Consultant for the Arklow Tuesday evening group, says that while many people wishing to lose weight believe they need to cut out high-carbohydrate foods from

flicting and confusing messages about the best way to lose weight all the time, especially this time of year. Often these messages in the media, on social media and within the diet industry tell us how we need to 'cut out' carbohydrates in order to lose weight. When the survey asked if starchy

**Joanne was delighted to find that with Food Optimising she was able to enjoy a huge variety of food**

carbohydrates should be the main source of calories in a healthy, balanced diet, 81% thought this

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KILMACANOGUE (beside AVOCA)



At the launch of M. Sands Youth Theatre's short film "Upon the Shore" in the Mermaid last week were Luke Kenny, Hannah Murphy, Eimear Casey, Artist Director of Mr Sands Youth Theatre, Bláithín Ward and Johnny Morrison.

## Short film launched in Bray

Mr.Sands Youth Theatre which is based in Bray, launched their short film "Upon The Shore" last Wednesday in The Mermaid Theatre.

This short film which was funded by the Arts Council and produced by Bear Print Films, was devised and written by the members of Mr.Sands Youth Theatre. Filming took place on location in Bray towards the end of the Summer 2018. The film runs for about 11 minutes and deals with a number of issues including loneliness and youth mental

health.

Mr. Sands Youth Theatre was founded in 2017 in Bray by professional actor & drama teacher/facilitator, Eimear Casey. The Group got off to a powerful start with its production of Too Fast by Douglas Maxwell in the Mermaid Theatre, sweeping the boards at the Bray One Act Festival where they won all the awards in

the Youth Section - Best Production, Best Actor, Best Actress.

Mr. Sands then went on to take part in Connections 2018, a festival of youth drama run by the National Theatre in London which sees youth theatres throughout Britain and Ireland produce and perform a series of new plays each year written by established writers. The

group performed The Changing Room by award-winning playwright, Chris Bush, to great acclaim in The Riverbank Theatre, Newbridge, The Mermaid, Bray and The Lyric in Belfast and are looking forward to their NTC 2019 production and tour of Flesh by renowned Scottish writer Rob Drummond.

## 42nd Bray One Act Drama Festival

The launch of the 42nd Bray One Act Drama Festival took place last Thursday in the Mermaid Arts Centre in Bray.

Festival director, William Mansfield was there to announce the adjudicator for the festival this year, welcoming back a popular favourite, Ms Chrissie Poulter.

Representatives from the participating groups and the festival patrons were in attendance. All proceeds from the festival go to local charities and this year, the festival committee was delighted to announce that Bray Women's Refuge and Lakers are this year's chosen charities. Opening what promises to be another successful festival, William commented that he looks forward to a week of comedy, drama and entertainment and thanked the support of the local community and patrons who make the Bray One Act one of the best festivals on the drama circuit.

The festival runs from Tuesday 22nd Jan - Saturday 26th Jan in the Mermaid Arts Centre. 3 One Act Plays on each night starting at 7.30pm. Tickets are available online from the mermaidartscentre.ie or by calling 012724030.

### Tuesday 22nd January (Youth Drama night)

The Edelweiss Pirates - St Gerard's School Dramatic Society  
Girls Like that - Bray School of Speech & Drama  
Audience - East Glendalough School

### Wednesday 23rd January

The Flattering Word - Balally Players  
The Virtuous Burglar - Delgany

D.S.  
The Syndicate - Delgany I.C.A. Drama

### Thursday 24th January

Gosforth's Fete - Delgany D.S.  
A Change of Lock - Mel Ryan Adult D.G  
A Different Way to Die - Square One T.G.

### Friday 25th January

Laundry and Bourbon - Lucan Drama  
Oedipus Conflict - Ballinteer Drama  
In Room Five Hundred and Four - St Patrick's D.S. Dalkey

### Saturday 26th January

Towpath - Ashford I.C.A.  
Late Entry - Bray Arts D.G.

## Wicklow Federation 64th One Act Drama Festival

The Wicklow Federation 64th One Act Drama Festival takes place from Friday 18th - Sunday 20th January, Glenealy Village Hall. Curtain Up 7.30pm sharp. Adjudicator is Anna Walker and Tickets are €10 at the door or contact 087 9833935.

### Friday 18th January

Delgany ICA - "The Syndicate" One Act Play by Maeve Edwards  
Ballycoog ICA - "Ear to the Ground" Sketch/Short Play by Thomas Clare  
Delgany D.S. - "A Memorable Occasion" Sketch/Short Play by Dorothy Robbie  
Delgany D.S. - "The Patient" One Act Drama by Agatha Christie  
Ballinteer Drama - "Oedipus Conflict" Sketch/Short Play by Tony Deegan

### Saturday 19th January

Ashford ICA - "Towpath" One Act Play by Robert Iles  
Clooney Quin ICA - "A Will On The Side" Sketch/Short Play by Anita O'Loughlin  
Dalkey Players - "Khora: A Space Between Time" Sketch/Short Play by Emmet Driver  
Avoca ICA - "Ocean View" Sketch/Short Play by Valerie Mc Gee  
Bray Arts - "Late Entry" One Act Comedy by David Tristram

### Sunday 20th January

Balally Players - "The Flattering Word" One Act Comedy by George Kelly  
St Patrick's D.S. - "Black Out Number" Sketch/Short Play by Michael Frayn  
St Patrick's D.S. - "In Room Five Hundred And Four" One Act Drama by Jimmie Chinn  
Ashford ICA - "Party Time" Sketch/Short Play by Eileen Brandon

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# Meeting with key public transport stakeholders held in Greystones

Public transport issues in the Greystones area was the topic of a local meeting last Monday with key public transport stakeholders.

There has been increasing frustrations in the Municipal District following recent changes to the bus and DART timetables and the privatisation of the 184 route. Key public transport agencies came to Greystones Municipal District offices to meet with the local representatives to discuss services. There were over 20 attendees.

Commenting on the meeting he convened, Minister Simon Harris said "I am pleased that all stakeholders confirmed their commitment to developing our public transport system. Our public transport network was starved of funding during the economic downturn and the impact has been very real for the people of Greystones and Co Wicklow. Where our train, Dart and bus services should have been developing, there was a standstill.

"As a Government Minister, I have been a strong advocate for increased funding for our public transport infrastructure. As the country's economy has stabilised, we as a Government, began a programme of strategic investment in public transport. In recent years €1.5-2 billion has been invested in our public transport in recent years.

"In Greystones, we have a fantastic asset in our train station however, it is absolutely vital that we are making the most of this asset. Our population is growing rapidly in Greystones and the sur-

rounding areas and nobody wants that to mean additional cars on our already congested roads. We have a train station and we have the demand - it is imperative that this is met by the expansion of our services. I am really pleased that Irish Rail are listening to this and have committed to increased capacity on existing services. They have also confirmed their commitment to finding a way to make Darts every 20 minutes possible. At the meeting, Irish Rail confirmed that this would involve significant alterations to the line. It should be remembered that the NTA's Bus Connects proposal is dependant upon a more frequent Dart service in and out of Greystones."

Speaking after last week's meeting Cathaoirleach of Greystones Municipal District Cllr Nicola Lawless said "The purpose of Monday's meeting was to get all key public transport stakeholders around the table and to discuss the strategic plan that we have compiled. Invitations were sent out to the National Transport Authority (NTA), Transport Infrastructure Ireland (TII), Dublin Bus, Irish Rail, Bus Eireann and Go Ahead. We were very pleased that Dublin Bus and Irish Rail attended this meeting this morning and listened to what we had to say and took on board our plan. It was disappointing that the NTA would not attend as most of the long-term issues are

under their remit.

"I'm committed to improving our transport services; however key to this is an increase in capital investment. If we want to achieve a fully operational train station for Kilcoole, or a second line from Bray to Greystones which is badly need, commitment and funding is necessary. I will continue to use my role as Cathaoirleach to advance these and other transport issues in the district."

Cllr Lawless said she intends on organizing a follow-up meeting with the NTA, and she stressed the need for an increase in capital investment "If we want to achieve a fully operational train station in Kilcoole or a second line from Bray to Greystones". Speaking after the meeting, Cllr Derek Mitchell said "The DART Manager, Chris Rafferty said that all Greystones rush hour DARTs would be at least six cars and most eight. There had been some four car ones earlier which led to overcrowding.

"He is also to look to see how the service can be improved. Not much can be done currently about the diesels though they hope to provide a shelter at Kilcoole Station. Also they hope to widen the doors at Greystones Station to reduce pedestrian congestion.

"Councillors emphasised the need to cater for the schools. Dublin Bus felt they were now adequately catered for but wanted to know of specific problems which they

would consider. They hope to improve the bus stop at Templecarrick School.

"The NTA refused to attend but offered to meet in their premises. Councillors agreed to this and hope to meet in a month with the NTA and the providers. This will allow them adequate time to consider the many points in detail. So far this has been a useful process."

John Brady TD, who also attended the meeting, said "I must commend the councillors in the Greystones Municipal District who have started this important discussion on public transport, I particularly want to thank Cllr Lawless who in her role as chairperson has pushed this issue and now arranged three important meetings.

"From our engagement with the service providers it's clear that under funding is having an impact on the delivery of a proper and efficient public transport system.

"Both Dublin Bus and Irish Rail said that they are operating at capacity, so capital investment is critically required. We also need to be ambitious and plan for the here and now, but also the future.

"I believe that a feasibility study needs to be commissioned into running a second rail line south of Bray and also running the DART to Kilcoole and further. Provision also needs to be made for park and ride facilities, both for bus and rail."



Pictured: Erin, Derek, and Jamie Tobin at the St. Stephen's Day Swin in Arklow.

# Bray DART station's regeneration

A decision is due on February 15th on Wicklow County Council's planning application to regenerate the existing forecourt at Bray DART station, a scheme otherwise known as the 'Bray Transport Interchange Scheme'.



Wicklow County Council proposes to "Regenerate the existing Forecourt at Bray DART Station to create a transport interchange that strikes a balance between fulfilling the key functions of a transport interchange and providing a land-

mark civic space with a clear identity contributing to the local place function.

"The extent of the Bray Transport Interchange consists of the general forecourt area in front of Bray Station and incorporates sections of

Quinsborough Road, Adelaide Road and Florence Road.

"The proposed scheme intends to facilitate interchange between the key modes of walking, cycling, taxi, bus and railway, whilst providing a high quality public realm

that complements the heritage of the station building. In general, this will consist of works to footpaths including construction and realignments of kerb and channel lines, and provision of high quality paving setts and landscaping features."

## N11 improvement & safety funding for 2019

Transport Infrastructure Ireland has announced funding of €2m for the Kilmacanogue safety scheme.

Welcoming the safety scheme, Cllr Derek Mitchell (FG) said "I hope it can be completed in 2019. This will provide a separate slower lane, Southbound, for exiting and business traffic similar to the Lucan Road and should enable an increase in through traffic speed.

"They have also allocated €1m to the design process for the major improvement works from Bray North to Coyne's Cross. This recently started with the public consultation session in the Glenview Hotel.

"I have been lobbying for this for many years am pleased money has been allocated to proceed." €5m has also been allocated to improving the N81 in West Wicklow for the Knockroe Bend improvements and pavement improvements.



Lauren and Paul Burke with Deborah Hoey at the St. Stephen's Day Swin in Arklow.

# Greystones DIARY

## Crumlin's bundle of fun is back for 2019

Last year, local Greystones girl Rachel Casey organised an outstanding collection of items for Our Lady's Hospital for Sick Children Crumlin.



Greystones girl Rachel Casey with toys for Crumlin Hospital.

The hospital and doctors were very good to Rachel when she was ill as a child. She collected 2,000 donated items to bring fun into the lives of sick children at St Crumlin's and collected 500 donated items to families of sick children staying at Ronald McDonald House. Now Rachel wants to continue to give something back.

She is collecting unwanted gifts again this year and is asking the Greystones community to donate unwanted Christmas gifts (Cosmetics, stationery, toys and clothes, etc.)

Please consider what you actually want or need from your Christmas items. Please donate superfluous items which must be brand new due to infection control.

This is based on principles of recycling and the "circular economy".

Something that is unwanted or not needed may make a big difference to someone else. Items may be left at Greystones Cancer Support, La Touche Place.

Rachel may be contacted on Facebook Crumlin's Bundle of Fun or avalongdns@gmail.com.

## St. David's refurbishment works to begin in July

Minister Simon Harris has confirmed that the Department of Education expect work to begin on St David's in Summer 2019. A former pupil of the school, Minister Harris has worked with St David's since his election to secure significant Government funding for the extension and refurbishment of the school.

The major building project for St. David's Secondary School, Greystones is at an advanced stage of architectural planning, Stage 2b (Detailed Design) which includes the applications for Planning Permission, Fire Cert and Disability Access Cert and the preparation of tender documents. All statutory approvals have been secured. The current status of the project is that the Design Team is in the process of completing the Stage 2(b) report which will be submitted through the Board of Management to the Department.

In September 2018, the

Department provided the updated project programme from its Design Team which indicated that the stage 2(b) report is expected to be submitted to the Department for review end February 2019. On this basis, the Department responded to the school confirming that it would be satisfied to authorise the commencement of the pre-qualification process to select a shortlist of contractors in January 2019. Upon receipt and review of the stage 2(b) report and completion of the pre-qualification process the project will then be pro-

gressed to tender stage. The school and its Design Team are currently programming construction to commence in July 2019.

Speaking about the school, Minister Harris said "I am always eager to work with our schools to help them to grow and develop. St David's Greystones is one of the schools I have been working with since I was first elected. After a sustained campaign working with the school community, I was delighted to secure the approval and funding for a major extension and refurbishment of the existing building. Although the planning

permission process and other issues did cause some delays, I am delighted that the Department have confirmed that they expect construction to begin in July 2019.

"St David's is a fantastic school in the heart of Greystones and this work has been long awaited. It will mean a major improvement to the school infrastructure in the area. I have invited Minister McHugh to visit the school to see the wonderful work they do and to highlight the need for urgent progress on the building project."

## Greystones Orchestra presents 'An Evening of Mendelssohn, Mozart and more

Join the Greystones Orchestra with special guests on Saturday 26th January at 8pm at SOBE (South Beach Pavillion), Charlesland Golf club, at 8pm for a delightful programme of classical music to brighten the darkest of evenings.

Tickets from greystone-orchestra.eventbrite.ie or on the door. Pre-booking advised to avoid disappointment as this will likely be a sell-out.

Contact: greystonesorch@gmail.com or 087 919 4991 for further details.

If you would like to join Greystones Orchestra, or have a child who would like to join Major Minors Junior Orchestra, they would love to hear from you.

The highlight of the evening will be the performances of our two local soloists, Colm Ó Braoin and Michelle Le May. Colm is Greystones born and bred and one of Ireland's foremost up-and-coming violinists. He will play the formidable Mendelssohn violin concerto which will be a thrill to witness live.

Michelle comes all the way from Minnesota but is a Charlesland lady! She will perform Mozart's Andante in C for flute and orchestra - a charming composition that showcases Michelle's tone and musicality. Michelle is a popular music teacher in a multitude of local schools, in addition to conducting Major Minors Junior Orchestra in Bray.

The concert programme will also include Dukas' The Sorcerer's Apprentice, Brahms' Academic Festival Overture and Hungarian Dance, Mendelssohn's Nocturne and Grieg's Holberg Suite. It is set to be a relaxing and enjoyable evening of gorgeous music. All are welcome.

## Frustration with slow progress on Delgany to Blacklion Road

The developer who has received permission for 74 houses by Dromont, Delgany, has appealed the conditions to Bord Pleanala.

Cllr Derek Mitchell said "I have been pressing for the Delgany to Blacklion Road to be completed for a decade as it has been planned by the Council since 1989! With four large schools on it, a proper road with foot and cycle paths, is badly needed so children can walk and cycle to school also reducing traffic.

"The planning conditions require the developer to pay Development levies of €700,000 and also to pay for the €1.2m cost of the road through his site. He reckons that this is €700,000 more than would be needed to

simply access only the houses as it is a better and longer bit of road. He has appealed this cost condition.

"Even when he completes this part the Council has to design and go to Tender for the rest



Cllr. Derek Mitchell

of the road. Council Management should have got this built a decade ago, before the big expansion, instead they seem to have built roads and other infrastructure in other areas which have hardly expanded."

## Cyclones' tribute to the Shadows & 'Cliff'

The 60's Rock Band The Cyclones (fronted by local Greystones music man, Brian Whelan) whose documentary 'Night of the Cyclones' was recently rebroadcast by RTE 1 will perform a tribute to the legendary guitar band 'The Shadows' and their "lead singer" Cliff Richard, at the Hot Spot in Greystones on 19th January. The programme will include the numerous hits of the Shadows including Apache, FBI, Kon Tiki, etc. etc. not to mention Cliff's memorable hits inc. Move it, Travelling Light, Living Doll, Devil Woman etc. etc This will transport you back to the heady days of the 60's and 70's with a great bunch of musicians, so bring your dancing shoes.

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# BRAY BAND HELP LAUNCH 'GIVE US A SONG' CAMPAIGN



Helping to launch the 'Give Us a Song' campaign for the Caroline Foundation were twins Mackenzie and Georgia Dixon from the Harbour Ukulele Group from Bray and Chloe Foster from Greystones.

Unsuspecting Dublin shoppers were treated to a special moment of musical delights as the Harbour Ukeleles from Bray brought Grafton Street alive with music and song that had passers-by dancing on the street recently to help launch The Caroline Foundation's 'Give Us A Song' fundraiser.

The Caroline Foundation is appealing to choirs, groups and friends all around Ireland to put on singing performances over the weekend of 4th February to mark UN designated World Cancer Day. The money raised will go to the Caroline Foundation for Cancer Research. "We'd love people in villages, towns and cities all over the country to get out and sing over the first weekend of February for this important cause" said Aine Lawlor who fronts the Give Us A Song! campaign. "As someone whose life has been significantly changed by medical science I am a firm believer in the potential of research to decode and ultimately defeat cancer." The Caroline Foundation hopes that this grass roots endeavour will again extend to every part of the country. It is really easy to get involved, participants simply register with giveusasong@thecarolinefoundation.com and will be supported in how to get started. Give Us A Song! will run from Friday 1st February until Monday 4 February. Like last year, some singers will busk on the street; others will perform in their work, church, school or pub. There'll be concerts in local halls and GAA clubs. And there'll be lots of sing songs at home too. During their recital, gig, concert or sing-along, people are being asked to raise funds for the Caroline Foundation for Cancer Research.

## Registration opens for Junk Kouture

Last week registration officially opened for all students planning to take part in this year's Bank of Ireland Junk Kouture fashion competition. Budding designers have until the 21st January to enter this year's couture competition.

Students can register and submit their creations on the website [www.boijunkkouture.com/](http://www.boijunkkouture.com/) or on the online app [app.junkkouture.com/student/register](http://app.junkkouture.com/student/register). The judging panel will reveal who gets through to the regional finals in early February.

The regional finals will take place in these areas during the first week in March. Last year saw a record number of applicants with over 1,500 designs entered which were whittled down to just 80 finalists. The grand final will take place on 2nd May in the 3Arena.

## BirdWatch Ireland Wicklow events

Branch Events: Branch talks are held in the Glen View Hotel on the second Tuesday of every month. Admission to indoor meetings is free and open to everyone, however, we would be very grateful for contributions towards covering the cost of the meeting room. Outdoor events are free of charge and are open to everyone.

Outing to East Coast Nature Reserve: Saturday 19th January. "Join us for a family friendly guided walk along the seaside boundary of the East Coast Nature Reserve. We will be spotting the visiting winter migrants such as Redshank and Greenshank. Expect also; lots of waders and wild-fowl, including Oystercatcher and Curlew, Shoveler and Shelduck. Merlin and Peregrine have also been quite regular here of late. Meet at railway crossing at end of Sea Road, Newcastle, at 10am."

## Bray retains 'clean' status in IBAL ranking

According to the final litter survey of 2018 by business group Irish Business Against Litter (IBAL), Bray is again 'Clean' and in 27th spot in the ranking of 40 town and cities. While almost all of Ireland's main towns are clean, pockets of our cities continue to be littered and are not improving.

An Taisce, who carry out the surveys on behalf of IBAL, commented in its Bray report: "Bray has consistently retained its clean status without being able to eliminate certain heavily littered sites. The Main Street, Bray Civic Centre and Bray Promenade were all top ranking sites - they were not just good with regard to litter but were also very well presented and maintained. Litter problems persist at certain spots along Upper Dargle Road - this has been a problem site for a long number of years. Another heavily littered site was a miscellaneous building / site across from Bray DART Station - there were persistent litter problems, loose food related litter, throughout this site."

Minister for Communications, Climate Action and Environment Richard Bruton presented the awards at a ceremony on 6th January, crowning Fermoy as the cleanest town among those ranked according to litter levels in 2018, with Waterford City again Ireland's cleanest city.

Minister Bruton said, "Combating litter is part of a much wider challenge - how we use our resources effectively and adapt to recognise environmental damage more generally. Litter is a very tangible, visible example of the kind of damage that is being done. It is vital that communities, businesses and local authorities in towns all across Ireland, work together to manage waste properly and reduce litter. I hope the recognition these awards provide spur others on to come together to make changes in their local areas."

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# CLASSIFIEDS

- Recruitment
- Planning
- Notices
- Prayers

## PRODUCTION OPERATIVE

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Bray Emmets GAA Club had a very successful Larry Walsh memorial game on St Stephen's Day. Players of the present, future and past came together for a very competitive match. Team Yellow were winners on the day with captain Ray Lambe collecting the cup.



### KILDARE AND WICKLOW EDUCATION AND TRAINING BOARD

Invites expressions of interest from persons interested in becoming Chairperson of its

#### Audit Committee

Candidates for appointment must submit written expressions of interest setting out their suitability, including finance/ accounting and governance experience.

Further information is available on: [www.kwetb.ie](http://www.kwetb.ie)

Closing date for applications is **Friday 25th January 2019 at 12:00 noon.**

The appointment of the Chairperson of the Audit Committee is a function of the Board of KWETB.

Signed: **Dr. Deirdre Keyes, Chief Executive**

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# YOUR AD HERE!

### WICKLOW COUNTY COUNCIL

Alphaplan Design (Tel: 086 2461269, Email: [eugene@alphaplandesign.com](mailto:eugene@alphaplandesign.com)) Seeks planning permission for a dwelling with connection to services, driveway and associated works at Kilmolin, Enniskerry, Co. Wicklow for L. Downes and J.M. Jungblut. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

### WICKLOW COUNTY COUNCIL

William Doyle intend to apply for permission for construction of 6 detached dwellings, connection to all services, widening of existing entrance, new entrance for existing dwelling, new road and footpath to proposed dwellings and associate works at Togher Beg, Roundwood, Co. Wicklow. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of Wicklow County Council, County Council Buildings, Wicklow Town, during its public opening hours and a submission or observation in relation to the application may be made in writing to the planning authority on payment of the prescribed fee within 5 weeks from submission of application to Planning Authority.

### WICKLOW COUNTY COUNCIL

Juris Godins seek retention permission for construction of agricultural yard with access laneway and placement of a mobile house for use as a storage unit at Ballintruer More, Stratford, Balinglass, Co. Wicklow. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of Wicklow County Council, County Council Buildings, Wicklow during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

### WICKLOW COUNTY COUNCIL

I hereby give notice of submission of significant further information to Wicklow County Council in relation to planning application 18/1087 for James Paul & Eileen Galligan who is applying for permission at Moneystown Hill, Roundwood, Co. Wicklow, for A 475.2 SOM AGRICULTURAL SHED WHICH WILL BE USED FOR 6 NO HORSE STABLES, HAY STORAGE AREA, MANURE STORAGE PIT, MACHINERY & EQUIPMENT STORAGE, NEW SEPTIC TANK & PERCOLATION AREA, NEW SOM HORSE RIDING ARENA AND ASSOCIATE WORKS. I wish to state that significant further information or revised plans, as appropriate, in relation to the application has been furnished to the Planning Authority, and is available for inspection or purchase at the offices of the authority during its public opening hours. A submission or observation in relation to the further information or revised plans may be made in writing to the planning authority within the period of 2 weeks beginning on the date of receipt by the authority of the revised newspaper and site notices. A submission or observation must be accompanied by the prescribed fee within except in the case of a person or body who has already made a submission or observation.

### WICKLOW COUNTY COUNCIL

Alphaplan Design (Tel: 086 2461269, Email: [eugene@alphaplandesign.com](mailto:eugene@alphaplandesign.com)) Seeks planning permission for retention of storage shed and concrete surfaced yard, both ancillary to existing dwelling, and associated works at Curranish, Tinahely, Co. Wicklow for T. Nolan. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

### WICKLOW COUNTY COUNCIL

Tony O Kane intend to apply for permission for erection of 958.3 sqm agriculture storage shed, 396 sqm agriculture storage shed, new farmyard, upgrade of existing entrance and lane off public road, new section of laneway to farmyard, new well, new wastewater treatment system and soil polishing filter and associate works at Prospect Lower, Newcastle, Co. Wicklow. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of Wicklow County Council, County Council Buildings, Wicklow Town, during its public opening hours and a submission or observation in relation to the application may be made in writing to the planning authority on payment of the prescribed fee within 5 weeks from submission of application to Planning Authority.

## THE MIRACULOUS PRAYER

Dear Heart of Jesus in the past I have asked for many favours. This time I ask you this very special one. (Mention request) Take it, dear Heart of Jesus and place it within your broken Heart where your Father sees it. Then, in his merciful eyes it will become your favour not mine. Amen.

Say this prayer for three days. Promise publication and favour will be granted.

Never known to fail

M.M.; M.K.; D.H.A.

### PRAYER TO THE BLESSED VIRGIN

Remember O most gracious Virgin Mary, that never was it known that anyone who sought thy aid or fled to thy protection was left unaided. Inspired by this confidence I fly onto Thee, O Virgin of Virgins, my Mother. To Thee do I come, before Thee I stand, sinful and sorrowful. O Mother of the Word Incarnate despise not my petition but graciously hear and answer me. Amen.

Never known to fail. Publication promised.

S.K.

### WICKLOW COUNTY COUNCIL

RA Form No. 10.2 (Phil. Consulate)

Republic of the Philippines Embassy of the Philippines London, United Kingdom

#### NOTICE OF PUBLICATION

In compliance with Sec. 7 of RA. No. 10172, a notice is hereby served to the Public that Eva Grefaldeo Denuyo has filed with this Office a petition for clerical error particularly in the sex from "F" (Female) to "MALE" in the Report of Birth of JEFFRY GREFALDEO DENUYO who was born on 01 July 2007 at Dublin, Ireland and whose parents are EVA GREFALDEO DENUYO and JEFFRY JAMILI DENUYO.

Any person adversely affected by said petition may file his written opposition with this Office not later than 24th January 2019

(Signed)

SENIEN T. MANGALILE

Consul General

Dated this 27th day of December 2018

### WICKLOW COUNTY COUNCIL

#### SITE NOTICE

We Rachel and John Redmond, intend to apply for permission for development at this site Mountain View, Lisheen Road, Brittas Co. Wicklow. The development will consist/ consists of the construction of a 41.2 square metre single storey bedroom extension to the side of the existing dwelling, the construction of a 48.8 square metre garage / store and associated site works. Retention permission for the existing planning permission exempt rear development to the existing house, floor area 32.3 square metres.

The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours. The planning application may be viewed online at [www.wicklow.ie](http://www.wicklow.ie), under planning online enquiries.

A submission or observation in relation to the application may be made in writing to the planning authority on payment of the prescribed fee, €20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the planning authority in making a decision on the application. The planning authority may grant permission subject to or without conditions, or may refuse to grant permission.

### WICKLOW COUNTY COUNCIL

Amanda O'loughlin and Peter Nolan seek permission for 65.9m2 two storey extension with habitable space over, to the side of existing 123.2m house at 53 blacklion manor, greystones, co Wicklow.

The planning application May be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of Wicklow County Council, county buildings, Wicklow during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the 5 weeks beginning on the date of receipt by the authority of the application.

### WICKLOW COUNTY COUNCIL

Alphaplan Design (Tel: 086 2461269, Email: [eugene@alphaplandesign.com](mailto:eugene@alphaplandesign.com)) Seeks planning permission for a single storey extension to the rear of dwelling and ramp to front access and associated works at 29 Roger Casement Park, Bray, Co. Wicklow for D. Rowan. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the planning authority during its public opening hours and a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the authority of the application.

### WICKLOW COUNTY COUNCIL

Aiden Ward intend to apply for permission for a new dwelling, wastewater treatment unit & polishing filter, new well, new entrance lane and associate works at Ballard, Trooperstown, Laragh, Co. Wicklow. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of Wicklow County Council, County Council Buildings, Wicklow Town, during its public opening hours and a submission or observation in relation to the application may be made in writing to the planning authority on payment of the prescribed fee within 5 weeks from submission of application to Planning Authority.

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